



# EXTENDED DIPLOMA (1080GLH) IN HEALTH AND SOCIAL CARE

## SAMPLE TWO YEAR DELIVERY PLAN

Clear unit planning and understanding of key deadlines are essential for a successful delivery programme. We have produced a sample delivery plan showing how the **Extended Diploma** in Health and Social Care could be delivered over **two years**, highlighting assessment milestones.

**This plan is intended to be used as guidance and is not the only possible delivery model.**

### Key

LA = Learning aim

R = Revision for external assessment

EXT = External assessment

SA = Summative assessment

WEP = Work Experience placement

The qualification includes four externally-assessed units. Units 1, 2 and 3 are assessed by paper based tests, whilst Unit 4 is assessed by a set task, undertaken in supervised conditions. Learners must complete and achieve a pass grade in all these units. They must also complete and achieve a pass grade in the internally-assessed, mandatory Units 5-8.

It is recommended, that understanding of the unit content is checked throughout the delivery period for the external units, rather than leaving this until just before the examination period. This will support learners in developing confidence in their knowledge and ability to apply this, when sitting the external tests. Assignments for internally-assessed units should be submitted by the end of May. Always refer to assessment guidelines for deadlines.

### Year 1

#### Externally Assessed Units

Unit 1 is an externally-assessed, mandatory unit and will provide the underpinning knowledge for many of the mandatory and optional units and so should be delivered in the first year. Delivery in the first year also offers the opportunity for a resit in the second year if required. This can also be delivered in the first year, giving learners the option of re-sitting the external test in the second year.

Unit 2 is an externally-assessed unit and should not be taught before Unit 1. Therefore, it is suggested that this is taught 'short and fat' in the second half of the first year. Practice assessments could be provided at the end of each learning aim, to support examination techniques and also to clarify misunderstandings and consolidate existing learner knowledge.

Some revision at the end of term one has been included, with the assumption being this will be at the end of the teaching of the first learning aim, and this revision should clarify any misunderstandings, and consolidate knowledge learned. Further revision has been included towards the end of term 2. It is also recommended that learners are provided with short revision tasks for completion during the holiday period; for example, short, relevant scenarios with two or three mock questions. This will enable continuity of understanding. Learners' evidence could be discussed in a group of peers, at the beginning of term 3

#### Internally Assessed Units

Unit 5 is a mandatory unit and together with Unit 9 (optional), Unit 7 (mandatory) and Unit 19 (optional) could provide learners with the underpinning knowledge required for a period of work experience in the second year.

### Year 2

#### Externally Assessed Units

Unit 3 is externally assessed and underpins the knowledge gained in Unit 1 in the first year. Learners will have had the practice of sitting external tests in year one, with Units 1 and 2. Mock assessments should again be provided to learners to help consolidate knowledge.

Unit 4 is externally assessed by a set task and is the mandatory synoptic unit, requiring learners to apply learning gathered from other parts of the qualification to complete a defined vocational task. It is therefore suggested that this unit is also taught and assessed in year 2. It is recommended that learners are provided with practice scenarios, to familiarise them with the techniques required, when completing the externally assessed set tasks. They will need to draw upon knowledge from the entirety of the course and so it may be useful to include revision activities that include reflective activities, drawing together learning from other units.

#### Internally Assessed Units

It is suggested, that Unit 6, the work experience unit that is mandatory, is delivered and assessed in year two, to enable learners to apply knowledge and understanding gained in year one to real health and social care situations.

Unit 8 is a mandatory unit and could be delivered in year two, when learners have developed an understanding of various health issues and have begun to develop the research skills required to gather relevant information for projects. Unit 25 and Unit 26 (both optional) complement each other; allowing learners to see the reasons for the use of alternatives to orthodox treatments and the reasons for non-compliance in mainstream health and social care.

In this example, the assessment of the internal units is planned as covering 1-2 learning aims at a time, to support learners in managing the workload.

The inclusion of optional Unit 20 in the second year could help to support learners' understanding of individual service user needs, in preparation for their work experience placement, (Unit 6).

Alternative combinations of mandatory and optional units can be delivered; however it is important to be aware of the rules of combination, for example delivering Unit 1 before Unit 2.



YEAR ONE

Unit	Unit title	Guided learning hours	Ass'ment method	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
1	Human Lifespan Development	90	External									R	R												
5	Meeting Individual Care and Support Needs	90	Internal											SA LA A & B								SA LA C & D			HOLIDAYS
9	Infection Prevention and Control	60	Internal																				SA		HOLIDAYS
7	Principles of Safe Practice in Health and Social Care	90	Internal										SA LA A & B												
19	Nutritional Health	60	Internal																				SA LA A & B		
20	Understanding Mental Health and Wellbeing	60	Internal																					SA LA A & B	
Unit	Unit title	Guided learning hours	Ass'ment method	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44
1	Human Lifespan Development	90	External							R	R				R	R	EXT								
2	Working in Health and Social Care	120	External						R	R				R				R	EXT						
5	Meeting Individual Care and Support Needs	90	Internal															SA							
7	Principles of Safe Practice in Health and Social Care	90	Internal											SA LA C & D				SA							
19	Nutritional Needs	60	Internal												SA LA C & D										
20	Understanding mental Health and Wellbeing	60	Internal															SA LA C & D							



YEAR TWO

Unit	Unit title	Guided learning hours	Ass'ment method	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22
3	Anatomy and Physiology	120	External						R	R									R	R					
4	Enquiries into Current Research in Health and Social Care	120	External						R	R															
6	Work Experience in Health and Social Care	60	Internal								WEP	WEP	WEP	WEP	WEP	WEP	WEP	WEP				SA			
8	Promoting Public Health	90	Internal																	SA LA A & B					
25	Complementary Therapies for Health and Social Care	60	Internal																				SA LA A, B & C		
26	Health Psychology	60	Internal																		SA LA A & B				
Unit	Unit title	Guided learning hours	Ass'ment method	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44
3	Anatomy and Physiology	120	External							R						R	R	EXT							
4	Enquiries into Current Research in Health and Social Care	120	External			R	R				EXT (A)						EXT (B)								
8	Promoting Public Health	90	Internal															SA LA C & D							
26	Health Psychology	60	Internal															SA LA C & D							
																								HOLIDAYS	HOLIDAYS