

Pearson Higher Nationals Recognition of Prior Learning (RPL)

MAPPING DOCUMENT

QCF Pearson BTEC Level 4 Higher National Certificate in Sport & Exercise Science mapped to the RQF Pearson BTEC Level 4 Higher National Certificate in Sport & Exercise Science

For use with the following qualifications:

Pearson BTEC Higher National Certificate/Higher National Diploma in Sport & Exercise Science

Issue 1



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HNC in Sport & Exercise Science: Unit Mapping Overview

P – Partial mapping (some topics from the old unit appear in the new unit)

X – Full mapping + new (all the topics from the old unit appear in the new unit, but new unit also contains new topic(s))

N – New unit

Unit no.	Unit title New RQF HN programme	Maps to unit number on existing QCF HN programme	Level of similarity between units
1	Nutrition	6	P
2	Fundamentals of Sport & Exercise Psychology	2	P
3	Engineering Science	1	X
4	Professional Skills	3	P
5	Coaching Practice & Skill Development	9 10	P
6	Training, Fitness, Testing	57	P
7	Physical Activity, Lifestyle & Health	21	P
8	Lifestyle Coaching		N
9	Biomechanics	4	X
10	Technology in Sport	32	P
11	Injury Prevention	26	P
12	Community Coaching		N
13	Sports Massage	30	P

Unit Mapping in Depth

The RQF Pearson BTEC Level 4 HNC Certificate in Sport & Exercise Science mapped against the current QCF Pearson BTEC Level 4 HNC Certificate in Sport & Exercise Science units (specification end date 31/12/18).

RQF HNC Units		QCF HNC units		Mapping comments	
No.	RQF unit title	No	QCF unit title	QCF LOs	RQF LOs
1	Nutrition	6	Nutrition for Sport and Exercise	Unit 6 LO1	Unit 1 LO1
		6	Nutrition for Sport and Exercise	Unit 6 LO2	Unit 1 LO1
		6	Nutrition for Sport and Exercise	Unit 6 LO3	Unit 1 LO4
2	Fundamentals of Sport & Exercise Psychology	2	Sport and Exercise Psychology	Unit 2 LO1	Unit 2 LO1
		2	Sport and Exercise Psychology	Unit 2 LO3	Unit 2 LO3
		2	Sport and Exercise Psychology	Unit 2 LO4	Unit 2 LO4
3	Anatomy & Physiology	1	Anatomy and Physiology for Sport and Exercise	Unit 1 LO2	Unit 3 LO1
		1	Anatomy and Physiology for Sport and Exercise	Unit 1 LO2	Unit 3 LO2
		1	Anatomy and Physiology for Sport and Exercise	Unit 1 LO1	Unit 3 LO3
		1	Anatomy and Physiology for Sport and Exercise	Unit 1 LO1	Unit 3 LO4
4	Professional Skills	3	Research Methods for Sport and Exercise Science	Unit 3 LO2	Unit 4 LO2
		3	Research Methods for Sport and Exercise Science	Unit 3 LO3	Unit 4 LO3
		3	Research Methods for Sport and Exercise Science	Unit 3 LO1	Unit 4 LO4
5	Coaching Practice & Skill Development	9	Principles of Sports Coaching	Unit 9 LO2	Unit 5 LO2
		10	Applied Sports Coaching	Unit 10 LO2	Unit 5 LO4
6	Training, Fitness, Testing	7	Training and Fitness for Sport and Exercise	Unit 7 LO1	Unit 6 LO1
		7	Training and Fitness for Sport and Exercise	Unit 7 LO3	Unit 6 LO2
		7	Training and Fitness for Sport and Exercise	Unit 7 LO3	Unit 6 LO4

7	Physical Activity, Lifestyle & Health	21	Physical Activity, Lifestyle and Wellbeing	Unit 21 LO1	Unit 7 LO1
		21	Physical Activity, Lifestyle and Wellbeing	Unit 21 LO4	Unit 7 LO3
9	Biomechanics	4	Biomechanics for Sport	Unit 4 LO1	Unit 9 LO1
		4	Biomechanics for Sport	Unit 4 LO2	Unit 9 LO2
		4	Biomechanics for Sport	Unit 4 LO3	Unit 9 LO3
		4	Biomechanics for Sport	Unit 4 LO4	Unit 9 LO4
10	Technology in Sport	32	Technology in Sport and Exercise	Unit 32 LO2	Unit 10 LO1
11	Injury Prevention	26	Injury Prevention and Treatment in Sport and Exercise	Unit 26 LO4	Unit 11 LO4
13	Sports Massage	30	Sport and Exercise Massage	Unit 30 LO3	Unit 13 LO3
		30	Sport and Exercise Massage	Unit 30 LO3	Unit 13 LO4