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Pearson

Higher Nationals in

Sport

EXAMPLE ASSESSMENT BRIEF

Unit 1: Physical Activity, Lifestyle & Health

For use with the Higher National Certificate and
Higher National Diploma in Sport

Brief Number: 1

First teaching from September 2018

Issue 1

EXAMPLE



Edexcel, BTEC and LCCI qualifications

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Please note that this Example Assessment Brief is **NOT** an authorised assignment brief. It is provided as a reference only.

Centres must develop assignments and assessment materials that meet the needs of their students and align with their curriculum planning. This Example Assessment Brief may be used as a starting point for the development of an assignment, however Centres are expected to modify and revise the Example Assessment Brief to meet the specific needs of their students and curriculum. All assessment briefs must be Internally Verified.

Higher National Certificate/Diploma in Sport

Example Assessment Brief

Student Name/ID Number	
Unit Number and Title	1 - Physical Activity, Lifestyle & Health
Academic Year	
Unit Tutor	
Assignment Title	The role of physical activity in the development of a healthy lifestyle
Issue Date	
Submission Date	
IV Name & Date	

Submission Format

Submission should be in the form of a presentation.

You are required to use bullet points on the presentation slides and use presentation notes to support your presentation.

Your presentation should be no more than 8 minutes in duration and contain only 8 slides. These must include:

- A title page
- A contents page
- A reference page

The presentation should:

- Be written in a minimum font size of 28
- Include suitable references throughout.



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Unit Learning Outcomes

LO1 Examine the role of physical activity in the maintenance of a healthy lifestyle

Assignment Brief and Guidance

*Please note that assignment guidance is for reference only and should be more specific in detail to meet customised needs.

Scenario:

You have been offered an interview for the position of Health Promotion Officer with your local authority (e.g. council).

Activity:

As part of the interview process, you are required to produce an 8 minute presentation that describes the physical, social and psychological benefits of physical activity making reference to the target groups that are prominent within the local authority.

After discussing the benefits of engaging in physical activity, the interview panel have asked you to present physical activity guidelines for adults and examine the benefits gained after meeting the recommended levels of physical activity.

To conclude your presentation, you are required to analyse the relationship between physical activity and the development of a healthier lifestyle making reference to the specific target groups discussed within the local community.

*Please access HN Global for additional resources support and reading for this unit. For further guidance and support on report writing please refer to the Study Skills Unit on HN Global www.highernationals.com



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Learning Outcomes and Assessment Criteria		
Pass	Merit	Distinction
LO1 Examine the role of physical activity in the maintenance of a healthy lifestyle		D1 Analyse the relationship between physical activity and the development of a healthier lifestyle
P1 Describe the physical, psychological and social benefits of physical activity	M1 Examine the benefits of meeting physical activity guidelines for adults	
P2 Present physical activity guidelines for adults		

EXAMPLE



Pearson Higher Nationals in Sport

EXAMPLE ASSESSMENT BRIEF

Unit 2: The Sport Landscape

For use with the Higher National Certificate and
Higher National Diploma in Sport

Brief Number: 1

First teaching from September 2018

Issue 1

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Higher National Certificate/Diploma in Sport

Example Assessment Brief

Student Name/ID Number	
Unit Number and Title	2 The Sport Landscape
Academic Year	
Unit Tutor	
Assignment Title	Historic and current sport policy
Issue Date	
Submission Date	
IV Name & Date	

Submission Format

Submission should be in the form of a presentation using appropriate software. Providing a written transcript is also recommended. Headings should be used throughout the presentation, as well as any suitable visual representation which may benefit understanding. There should be approximately 15–20 slides, depending on the level of detail on each slide, and the presentation should last for about 15 minutes, followed by questions.

Unit Learning Outcomes

LO1 Identify key policy stages and priority shifts in sports development

LO2 Examine the structure, partnerships and funding of current sport policy

Assignment Brief and Guidance

*Please note that assignment guidance is for reference only and should be more specific in detail to meet customised needs.

Scenario:

You work as a sport development officer for the local council and have been asked to provide a presentation to the interns within the sport department on the key policy stages and priority shifts in



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sport development, followed by the current structure, partnerships and funding within sport policy. This should give the interns a very good insight into the significant influences within sport development and provide them with knowledge of why current sport policy is shaped the way it is today.

Activity:

Create a presentation that identifies key policy stages over the last 50 years. The policy stages can include change in the following areas:

- Government
- Curriculum
- Structure
- Organisations
- Sport policy documents
- Societal events.

The presentation then requires you to describe significant priority shifts in sport development, describing what sport policy focused on at different stages within the last 50 years. This can be discussed alongside the key policy stages if they are linked.

The second part of the presentation will examine the structure, partnerships and funding in current sport policy. It is important that you explore both the negatives and positives of partnerships within sport policy. Diagrams, examples and case studies are encouraged to aid explanation.

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Learning Outcomes and Assessment Criteria		
Pass	Merit	Distinction
LO1 Identify key policy stages and priority shifts in sports development		D1 Evaluate the success of different policy stages and priority shifts on grassroots and elite sports development
P1 Identify key policy stages in sports development P2 Describe significant priority shifts that have occurred in sports development	M1 Explain the impact of the key policy stages and priority shifts on elite and grassroots sports development	
LO2 Examine the structure, partnerships and funding of current sport policy		D2 Analyse strengths and weaknesses of current sport policy, use evidence to support your analysis
P3 Explain the structure of organisations and their aims within current sport policy P4 Explore the different partnerships and networks within sport policy	M2 Report on the current funding strategy in elite and grassroots sport policy M3 Assess the positives and negatives of networks and partnerships within sport policy	

