

Statement of Purpose

600/6820/6 - Pearson BTEC Level 1/Level 2 First Extended Certificate in Sport

Who is the qualification for?

This level 2 qualification is designed for post-16 students working at that level who want to progress to employment, either directly into an entry level role or via a sport related apprenticeship. It is 360 guided learning hours (equivalent in size to three GCSEs).

It is designed for students who have chosen to focus their learning and career development within the sport sector and who are looking for an engaging and stimulating qualification. It will enable students to develop a range of skills which prepares students for progression directly into employment and/or into further study through an apprenticeship.

What does this qualification cover?

All the content of the qualification, mandatory and optional, relates directly to the skills, knowledge and understanding needed to work in sport and related sectors.

All students will complete three compulsory areas:

- *Unit 1: Fitness for Sport and Exercise* where students will learn about physical and skill-related fitness components and why they are important for successful sports performance, the training principles, different fitness training methods, and how fitness testing is used to determine and interpret fitness levels.
- *Unit 2: Practical Sports Performance* where students will look at rules, regulations, scoring systems, skills, techniques and tactics for performance in a range of different sports.
- *Unit 7: Anatomy and Physiology for Sports Performance*, which looks at the role of two main body systems in the production of skilled and efficient movement.

Optional specialist units make up the remainder of the qualification and provide a closer focus within the sport sector, supporting progression into employment.

Students will choose nine from 10 optional specialist units to enable them to gain an understanding of the breadth of the sports industry:

- The Mind and Sports Performance
- The Sports Performer in Action
- Training for Personal Fitness
- Leading Sports Activities
- Promotion and Sponsorship in Sport
- Lifestyle and Well-being
- Injury and the Sports Performer
- Running a Sports Event
- The Sport and Active Leisure Industry
- Profiling Sports Performance

Students will apply their knowledge and understanding in a vocational context. They may also have the opportunity to undertake relevant work experience which will improve their employability and help inform career choices. Students will also enhance their literacy, numeracy and ICT skills which will be invaluable in support of progression to employment.

What could this qualification lead to?

Achievement of this qualification at level 2 provides a sound basis for students to progress to entry level employment or to an apprenticeship within the sector.

Job roles include:

- **Recreation or leisure assistant** – in a gym or leisure centre
- **Multi Sports coaches**
- **Front of house team members** – in gyms or health clubs
- **Apprenticeships**, opportunities including, coaching, activity leadership, leisure management, exercise and fitness.

This qualification is part of a larger suite of BTEC Sport qualifications

In addition to the BTEC Level 1/Level 2 Extended Certificate, Pearson offers the **BTEC Level 1/Level 2 First Award and Certificate in Sport**, which have been designed for 14-16 year olds and are intended for delivery within a broad curriculum offer. These qualifications are not intended for post-16 students.

The BTEC Level 1/Level 2 First Diploma, at 480 GLH, allows students to select additional optional units for greater breadth of study and to open up additional opportunities to further study at level 3 which could in turn provide access to Higher Education courses in sport.

Who supports this qualification?

This qualification is supported by the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA).

Further information

Further information on the qualification can be accessed at <http://qualifications.pearson.com/en/qualifications/btec-firsts/sport-2012-nqf.html>.