

## Statement of Purpose

### 601/0232/9 - Pearson BTEC Level 1/Level 2 First Diploma Sport

#### Who is the qualification for?

This qualification is intended as a Substantial Vocational Qualification at level 2 designed for post-16 students working at that level. It represents 480 guided learning hours.

It is designed for students who have chosen to focus their learning and career development within the sports sector and who are looking for an engaging and stimulating qualification which prepares students for progression directly into employment and/or into further study. It covers a range of specialisms, including those related to health and fitness and the outdoors for students who are passionate about the sector. These include further optional specialist units which have been designed to reflect potential career opportunities within sport as well as Unit 24: Work experience unit and Unit 23: Community sport volunteering unit added to the largest size qualification. Within the unendorsed sport qualification students can take additional units that are not available within the BTEC Level 1/Level 2 Extended Certificate in Sport such as designing exercise programmes, sports and active leisure provision and facility operations.

Students can also choose to follow pathways within this qualification which require learners to take a group of units directly related to that pathway.

#### What does this qualification cover?

All the content of the qualification, mandatory and optional, relates directly to the skills, knowledge and understanding needed to work in the sport sector. The mandatory units provide an initial in-depth coverage of the sector and form the underpinning knowledge and skills required for employment:

- *Unit 1: Fitness for Sport and Exercise* is externally assessed through an on-screen test. Students will learn about physical and skill-related fitness components and why they are important for successful sports performance, the training principles, different fitness training methods, and how fitness testing is used to determine and interpret fitness levels.
- *Unit 2: Practical Sports Performance* is internally assessed through assignments. Students will look at rules, regulations, scoring systems, skills, techniques and tactics for performance in a range of different sports, allowing them to participate in selected sports and review their own performance.
- *Unit 14: 'Carrying Out a Sports-related Project'* explores the factors that affect the success of projects in sport, will plan and carry out a sports-related project and be asked to reflect on their own performance in undertaking a sports-related project.

Students also take the relevant compulsory units which develop the essential knowledge, understanding and skills required for their chosen pathway through the qualification.

The optional specialist units make up the remainder of the qualification and cover key areas within the sector including facility operations, sports and active leisure provision, sports performance profiling as well as work experience and community volunteering in sport. These provide a closer focus within the sports sector, supporting progression into more specialised level 3 vocational courses and developing general work-related skills.

At level 2, this qualification requires students to develop and apply their knowledge and practical skills in an industry-related context, while enabling them to acquire a valuable range of transferable skills, engage with employers and carry out work activities and develop work related skills required to be effective in the workplace.

For example all students will develop, project-/self-management and independent-learning skills through units such as *Unit 14: 'Carrying Out a Sports-related Project'*, which requires students to develop a produce a project related to sport, with appropriate planning and reflection.

### **What could this qualification lead to?**

Achievement of this qualification at level 2 provides a sound basis for students to progress further in the Sport industry - to a level 3 Technical Level qualification in Sport or into specialised pathways within the sector as well direct entry to employment.

Level 3 qualifications for learners who have completed the BTEC Level 1/Level 2 Diploma in Sport could include BTEC Level 3 Nationals in Sport (including pathways in Coaching, Fitness and development and Outdoor Sport) or BTEC Level 3 Nationals in Sport and Exercise Science or industry recognised qualifications at levels 2 and 3 such as

- Level 2 NVQ Diploma in Instructing Exercise and Fitness
- Level 2 Certificate in Fitness Instructing
- Level 3 NVQ Diploma in Personal Training
- Level 3 Certificate in Personal Training

Achievement of this qualification at level 2 may lead to an apprenticeship in related sectors, examples of which are:

- Sports Development
- Coaching
- Exercise and Fitness
- Activity leadership
- Outdoor programmes

Roles that the qualification will initially lead to could include:

- Achievement of the BTEC Level 1/Level 2 First Diploma in Sport could lead to a number of entry level roles such as activity leadership, sports administration or a recreation assistant.
- Achievement of the BTEC Level 1/Level 2 First Diploma in Sport (Health and Fitness) could allow learners to move into entry roles within gyms or leisure centres. This could be in roles such as a leisure centre assistant or gym induction assistant. Those wishing to work as a Gym instructor or personal trainer will have to complete industry recognised qualifications to be qualified in these areas.
- Achievement of the BTEC Level 1/Level 2 First Diploma in Sport (Outdoor and Adventurous Activities) may lead to opportunities at Outdoor Pursuits centres or working in roles within an outdoor travel company. For those learners wishing to become instructors in specific outdoor pursuits then additional industry relevant qualifications will have to be taken.

### **This qualification is part of a larger suite of BTEC Sport qualifications**

The BTEC Level 1/Level 2 First Diploma is 480 GLH and broadly equivalent to four GCSEs. The BTEC Level 1/Level 2 Extended Certificate, at 360 GLH, is also available.

This BTEC Level 1/Level 2 Diploma provides an opportunity to study a range of sport areas and will be appropriate for the student who is looking to prepare for a range of specific roles in sport or for an apprenticeship.

Students who wish to work towards a more general role or take an additional qualification or training alongside, would be more likely to choose the BTEC Level 1/Level 2 Extended Certificate.

The BTEC Level 1/Level 2 First Award and Certificate have been designed for 14-16 year olds and are intended for delivery within a broad curriculum offer. These qualifications are not intended for post-16 students.

**Who supports this qualification?**

This qualification is supported by the Chartered Institute for the Management of Sport and Physical Activity (CIMSPA).

**Further information**

Further information on the qualification can be accessed at  
<http://qualifications.pearson.com/en/qualifications/btec-firsts/sport-2012-nqf.html>.