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Mark Scheme (Results)

June 2017

NQF BTEC Level 1/Level 2 Firsts in
Hospitality

Unit 9: How the Hospitality Industry
Contributes to Healthy Lifestyles

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**BTEC Next Generation Mark Scheme
Hospitality – Unit 9 - 1706**

Question Number	Answer	Mark
1	A - To support the immune system	1

Question Number	Answer	Mark
2	<p>Award one mark for any of the following up to a maximum of two marks:</p> <ul style="list-style-type: none"> • Eat wholefoods • Eat fresh foods • Use healthier cooking methods • Avoid processed foods • Avoid adding extra salt, fats and sugars to his cooking • Use low salt, fat and sugar alternatives • Retain the nutritional value of the food, e.g. use shortly after purchase, store out of sunlight, etc. • Control portion size • Balanced meal/diet 	2

Question Number	Answer	Mark
3	<p>Award one mark for any of the following:</p> <ul style="list-style-type: none"> • High blood pressure • Stroke • Heart disease 	1

Question Number	Answer	Mark
4a	<p>Award one mark for any of the following up to a maximum of two marks:</p> <ul style="list-style-type: none"> • Cereals/Gluten • Molluscs • Eggs • Fish • Soybeans • Milk • Nuts • Peanuts • Celery • Mustard • Sesame • Sulphur dioxides / sulphites • Lupin • Crustaceans 	2

Question Number	Answer	Mark
4b	<p>B – Prawn cocktail E – Seafood paella</p>	2

Question Number	Answer	Mark
5a	<p>Award one mark for any of the following up to a maximum of two marks:</p> <p>A Blackcurrants D Broccoli</p>	2

Question Number	Answer	Mark
5b	<p>Award one mark for any of the following up to a maximum of two marks:</p>	2

	<ul style="list-style-type: none"> • Helps to form new cells, to protect and keep them healthy • Maintains muscle tone • Forms red blood cells • Promotes healthy teeth, gums • Promote healthy bones • Helps the immune system. • Helps to heal wounds • Helps to fight infections • Contributes to maintaining the skin <p>Accept any other valid response.</p>	
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Question Number	Answer	Mark
6	<p>Award one mark for any of the following up to a maximum of two marks:</p> <ul style="list-style-type: none"> • Cereals • Carbohydrates / Potatoes / Pulses • Fruit • Vegetables • Protein foods • Fats • Foods high in sugar <p>Do not accept examples from each food group.</p>	2

Question Number	Answer	Mark
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7	<p>Award one mark for any of the following up to a maximum of two marks:</p> <p>Legislation relating to:</p> <ul style="list-style-type: none"> • Licensing for alcohol • Smoking ban • Health and safety • Food labelling • Fire certificates • Allergies • Weights and Measures • License to serve food <p>Guidelines relating to:</p> <ul style="list-style-type: none"> • Portions of fruit and vegetables in the diet • Portions of fish in the diet • Amount of fibre in the diet • Amount of salt in the diet • Amount of sugar in the diet • Amount of saturated fat in the diet 	2
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Question Number	Answer	Mark
8	<p>Award one mark for any of the following up to a maximum of two marks:</p> <ul style="list-style-type: none"> • Attractiveness • Display • Description • Packaging • Tasters • Advertising • Leaflets <p>Accept any other valid response.</p>	2

Question Number	Answer	Mark
9	<p>Award one mark for any of the following up to a maximum of two marks:</p>	2

	<ul style="list-style-type: none"> • Weight loss • Prevention of long term health risks • Damage to internal organs • Improve mental health <p>Accept any other valid response.</p>	
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Question Number	Answer	Mark
10	<p>Award one mark for any of the following up to a maximum of two marks:</p> <ul style="list-style-type: none"> • Not having sugar in her tea or use of sweeteners • Swapping whole milk and cream for semi / fully skimmed • Choosing a sugar-free or diet can of soft drink/water • Use reduced calorie hot chocolate • Increasing the amount of water or calorie-free fluids she drinks • Changing portion size/amount • Avoiding the fruit smoothie if it contains sugar <p>Accept any other valid response.</p>	2

Question Number	Answer	Mark
11	<p>Award one mark for any of the following up to a maximum of two marks:</p> <ul style="list-style-type: none"> • Reduce the carbon footprint. 	2

	<ul style="list-style-type: none"> • Perception that local is healthier/fresher. • A knowledge of source. • Supporting local business. <p>Accept any other valid response.</p>	
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Question Number	Answer	Mark
12	<p>Award one mark for identification and one additional mark for appropriate expansion up to a maximum of four marks.</p> <p>Identification of food groups (1) benefits of the food groups (1).</p> <p>Identification of nutrients (1) benefits of nutrients (1)</p> <p>Balanced diet (1) healthy lifestyle (1)</p> <p>Identification of carbohydrates (1) and benefit and sources (1)</p> <p>Identification of protein (1) and benefit and sources (1)</p> <p>Identification of vitamins and minerals (1) and benefit and sources (1)</p> <p>Identification of wholegrain foods (1) and benefit and sources (1)</p> <p>Identification of healthy drinks (1) vitamin/nutrients (1)</p> <p>Identification of a low fat menu (1) cooking method / the benefits and sources (1)</p> <p>Accept any other valid response.</p>	4

Question Number	Answer	Mark
13	<p>Award one mark for identification and one additional mark for appropriate expansion up to a maximum of four marks.</p> <p>Smoke-free environment attracts other customers and more families (1)/ are not subject to passive smoking (1) and the establishment becomes a more attractive/cleaner and healthy environment/odour free (1)</p> <p>Passive smoking is eliminated (1) and this will attract / retain staff/customer/ reduces illness / sickness leave amongst staff/customers (1)</p> <p>Cigarette litter would be eliminated (1) so the establishment becomes a more attractive and healthy environment (1)</p> <p>Accept any other valid response.</p>	4

Question Number	Answer	Mark
14	<p>Award one mark for identification and one additional mark for appropriate expansion.</p> <p>Staff can advise on the nutritional content of food (1) increasing the level of customer service which can lead to greater/satisfaction/increased profit/less wastage/repeat custom (1)</p> <p>Staff are aware of diet and how it contributes to a healthy lifestyle (1) and so lead customers to make healthier choices/healthier diets/repeat business (1)</p> <p>Staff will have an awareness of food allergies (1)/staff can advise on the allergies associated with the menus/dishes (1)</p> <p>Accept any other valid response.</p>	2

Question Number	Answer	Mark
15	<p>Award one mark for identification and one additional mark for appropriate expansion up to a maximum of four marks.</p> <p>Events (1) please award one mark for each event listed up to a maximum of two events.</p> <p>Benefits of Events Award one mark for explaining the benefits for each event- maximum of two marks.</p> <p>Promotion/tasting/advertising/word of mouth/purchasing opportunities /media attention/information (1)</p> <p>Accept any other valid response.</p>	4

Question Number	Answer	Mark
16	<p>Award one mark for identification and one additional mark for appropriate expansion up to a maximum of four marks.</p> <p>Increase accommodation size/upgrade (1) which will lead to more profit/turnover (1).</p> <p>Provision of outdoor facilities (1) dedicated sports area/climbing/archery/ canoeing etc (1)</p>	4

	<p>Provision of indoor facilities (1)-games rooms/swimming pool/spa/gym. (1)</p> <p>Farm shop providing locally sourced produce (1) reduce carbon footprint with ethically sourced ingredients (1)</p> <p>Provision of meals (1) healthy packed lunches/farm produce/locally sourced/organic (1)</p> <p>Increased tariff depending on style of service/accommodation (1) self-catering/ full board/half board</p> <p>Organised events (1) promotion of healthy living (1)</p> <p>Offering tours around the local area (1) provision of information about the working farm/activities on offer (1).</p> <p>Provide transport (1) local pickup (1)/excursion day trip (1)</p> <p>Provide WiFi (1) treasure hunt/need to keep in contact (1)</p> <p>Accept any other valid response.</p>	
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Question Number	Indicative content	Mark
17	<p>Possible strategies:</p> <p>Implementing effective training.</p> <p>Provide an employee benefit package to cover childcare/private medical cover/sick pay/absenteeism/shower changing facilities/social clubs/leisure facilities</p>	8

	<p>Provision of sufficient relaxation areas Displaying posters, signs on health and wellbeing issues, e.g. smoking and drinking.</p> <p>Effective appraisals/work reviews/contracts of employment/staff rotas/working policies.</p> <p>Provision of a suitable working environment/equipment/tools/uniform.</p> <p>Provision of healthy staff meals available to all staff.</p> <p>Improved productivity/better standards of work/less staff leaving</p> <p>Improved reputation as an employer.</p> <p>Accept any other valid response.</p>	
Level 0	No material worthy of credit.	
Level 1	<ul style="list-style-type: none"> • The subject matter has been broken down into a limited number of smaller parts, but some parts are missing or irrelevant. • The answer is likely to be in the form of a list • Only a few parts are described and these descriptions are superficial. • Parts are treated in isolation and relationships are not explored. 	
Level 2	<ul style="list-style-type: none"> • The subject matter has been broken down into a number of smaller parts that are mostly relevant and any omissions do not affect the overall outcome. • Parts are either all described, or one part is explained in detail with little comment on any others. • Some relationships are explored but not in any great detail, and it is not clear which parts are more important than others. 	
Level 3	<ul style="list-style-type: none"> • The subject matter is broken down into a number of smaller relevant parts. • Parts are either explained in detail or described, according to their relative importance. • Relationships between different parts are explored, both in terms of how they interact with each other and their relative importance. 	

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