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| Pearson BTEC Level 1/Level 2 First Award | | | | | | | | | |

Health and Social Care

Unit 1: Human Lifespan Development

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|--|----------------------------------|
| Wednesday 17 May 2017 – Morning Time: 1 hour | Paper Reference 20544E |
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| You do not need any other materials. | Total Marks |
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Instructions

- Use **black** ink or ball-point pen.
- **Fill in the boxes** at the top of this page with your name, centre number and learner registration number.
- Answer **all** questions.
- Answer the questions in the spaces provided
– *there may be more space than you need.*

Information

- The total mark for this paper is 50.
- The marks for **each** question are shown in brackets
– *use this as a guide as to how much time to spend on each question.*

Advice

- Read each question carefully before you start to answer it.
- Try to answer every question.
- Check your answers if you have time at the end.

Turn over ►

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Answer ALL questions.

Some questions must be answered with a cross in a box ☒. If you change your mind about an answer, put a line through the box ☒ and then mark your new answer with a cross ☒.

1 The following information is about the Edwards family.

Read the information and answer the questions that follow.

Jon is 41 years old and married to Yasmin who is 36 years old.
They have two children:

- Becky is 12 years old
- Connor is six months old.

(a) Complete the table by adding the life stages and the age range.

(3)

| Name | Life stage | Age range |
|--------|------------|-----------------|
| Yasmin | | 19–45 years old |
| Becky | | 9–18 years old |
| Connor | Infancy | |

Connor is six months old.

(b) State **two** examples of **gross motor skills** that Connor will develop during his first year of life.

(2)

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Connor has a strong bond with Yasmin.

(c) (i) Define the term **bonding**.

(1)

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(ii) State **two** examples of activities that could help Connor to bond with Jon.

(2)

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Becky has recently started secondary school.

(d) Identify which activity is most likely to support intellectual development.

(1)

- A** Meeting friends
- B** Playing rugby
- C** Reading
- D** Shopping



Becky spends many hours by herself. She feels socially isolated.

(e) (i) Identify **two** possible emotional effects for Becky of being socially isolated.

(2)

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(ii) Explain how Becky can avoid being socially isolated.

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Becky is 12 years old and is having a growth spurt. A growth spurt is a physical change for young people.

- (f) (i) Identify **two** other physical changes that Becky may experience in this life stage.

(2)

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2

Yasmin needs some support after giving birth to Connor.

- (ii) Identify **two** professionals who could offer formal support.

(2)

- A** Family
- B** Nurse
- C** Neighbours
- D** Friends
- E** Care worker



Jon has a well-paid job. Yasmin stays at home to care for Becky and Connor.

- (g) (i) Explain **two** possible effects on Becky's emotional development of her mother staying at home.

(4)

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- (ii) Explain **two** possible effects on Becky's intellectual development of her mother staying at home.

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(Total for Question 1 = 25 marks)

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2 The following information is about David, Carol and their family.

Read the information and answer the questions that follow.

David is 76 years old. He lives with his wife, Carol, who is 73 years old.
David is healthy and physically active.

David has a positive self-image.

(a) (i) Define the term **self-image**.

(1)

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David has retired from his full-time job but he works as a volunteer hospital car driver three days a week.

(ii) State **two** benefits of working as a volunteer during retirement.

(2)

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Carol plays golf twice a week.

(b) State **two** benefits of playing golf for Carol's physical development.

(2)

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David and Carol have been married for 50 years.
They are very happy and contented with their lives.

(c) (i) Explain **two** emotional benefits of a long-term relationship.

(4)

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David and Carol live in a two bedroom bungalow.

(ii) Explain **one** benefit for older adults of living in a bungalow.

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David and Carol have many friends who live close by.

(iii) Explain **two** ways that friendship can promote feelings of security and happiness for David and Carol in their present life stage.

(4)

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David has a younger brother Peter. Peter was very badly injured in a car accident a few months ago. This is an unexpected life event.

(d) State **two** other unexpected life events people may experience.

(2)

1

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2

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Peter has had a lot of difficulty adjusting to his new way of life since his accident. He now uses a wheelchair so his independence is reduced.

Peter lacks the motivation to finish basic everyday tasks. He is worried about going back to work again as a primary school head teacher.

David wants to help Peter to adjust to these changes.

- (e) Discuss how David can help Peter to adjust to the physical and emotional changes that are happening in his life.

(8)

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(Total for Question 2 = 25 marks)

TOTAL FOR PAPER = 50 MARKS



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