

## BTEC in Personal Growth and Wellbeing

Covers entire RSE code in Wales

BTEC level 1 and 2 qualifications

Covers entire AoLE Health & Wellbeing

Equivalent of up to 2 GCSEs at grade B

WINNER  
BEST  
EDUCATION  
PRODUCT 2022



Visit the website  
to order your **FREE**  
sample pack!  
[www.sweet.education](http://www.sweet.education)

"Sweet has been a big part  
of the Health and Wellbeing  
AoLE - it's just what we need."  
Assistant Headteacher, South Wales



Pearson

edexcel

BTEC



@sweet\_llwyddo



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# What is the PGW?

The Sweet PGW resource and qualification is everything students need to know about the world around them. It creates engaging conversations about big issues, develops life skills and promotes progression to further study and future employment.



## Book 1: Fitter Healthier Happier

Physical Health & Wellbeing

- Physical health, nutrition and exercise
- Body shaming and body positivity
- The dangers of smoking, alcohol and drugs.



## Book 5: This is Me!

Personal Identity

- Influences and what makes us unique
- Self-esteem, attitudes, beliefs and values
- Empathy and respect for others.



## Book 2: I've Got a Feeling...

Emotional Wellbeing

- Mental health and wellbeing
- Self-care, mindfulness and support strategies
- The impact of social media.



## Book 6: Our World, Our Future

Environmental Awareness

- Climate change and pollution
- Local environmental issues and their impact
- Recycling and reducing waste.



## Book 3: Skills for Social Success

Social Health & Wellbeing

- Healthy and unhealthy relationships
- Peer pressure and bullying
- Harassment, discrimination and hate crime.



## Book 7: Making Money Work for Me!

Financial Awareness

- Savings, bills and budgets
- Payslips, deductions and tax
- Money safety, including investing and gambling.



## Book 4: Let's Talk About...

Sexual Health & Wellbeing

- Sexual health, consent and safety
- LGBT+ issues and violence against women
- Contraception, STIs and pregnancy.



## Book 8: Future Roles and Setting Goals

Personal Progression

- Progression plans and long-term goals
- Job applications, CVs and interviews
- Career advice and guidance.

## Created by teachers, for teachers

The Sweet team have a wealth of experience as teachers, tutors, and department heads. We have a genuine understanding of teachers' needs and have designed the PGW resource to save you time and effort - **no planning or preparation required.**

# How can I deliver the PGW?

The PGW qualification is flexible and can be delivered through PSE lessons, core subjects or option choices. Students can complete the qualification in workbooks or on our online platform, e-Sweet. Perfect for all students aged 13-16, in all types of educational provision.

## Costs

### Step 1: Training

Individual:  
**£275**

Enquire about group  
discount options

- 2-3 hour personalised Teams session
- Delivery and assessment guidance
- Access to exemplar materials.

### Step 2: Resources

Set of workbooks:  
**£25.95**

e-Sweet log-in:  
**£17.95**

Workbooks + e-Sweet:  
**£33.95**

- Ready-made, no planning or preparation
- Available in English and Welsh
- Level 1 & Level 2 options
- Parent Guide to fully explain learning.

### Step 3: Qualification

Extended Certificate:  
**£99.00**

Certificate:  
**£78.75**

Award:  
**£49.50**

Subsidiary Award:  
**£34.25**

- Internal verification
- Registration, accreditation and certification
- Mark schemes and skills maps
- Ongoing support and guidance
- Starters, plenaries and PowerPoints included.

VAT and postage costs apply.  
Prices are per learner.

**We won't charge you for administration,  
subscription or certification.**

**Every local authority in Wales using Sweet!**

**100% learner pass rate**



# Qualification options

Up to the equivalent of two GCSEs and 92 performance points for your school.

Resource	Qualification	Units to complete	GCSE equivalency	Qualification code	Performance Points
Level 2	L2: Extended Certificate	8 units (192 GLH)	2 GCSEs A*-C	C00/4130/2	92
	L2: Certificate	5 units (120 GLH)	1 GCSE A*-C	C00/4130/1	46
	L2: Award	3 units (72 GLH)	0.5 GCSE A*-C	C00/4705/7	23
	L2: Subsidiary Award	1 unit (24 GLH)	0.25 GCSE A*-C	C00/4129/9	11.5
Level 1	L1: Extended Certificate	7 units (210 GLH)	2 GCSEs D-G	C00/4177/8	50
	L1: Certificate	4 units (120 GLH)	1 GCSE D-G	C00/4177/7	25
	L1: Award	2 units (60 GLH)	0.5 GCSE D-G	C00/4177/6	12.5
	L1: Subsidiary Award	1 unit (30 GLH)	0.25 GCSE D-G	C00/4177/5	6.25

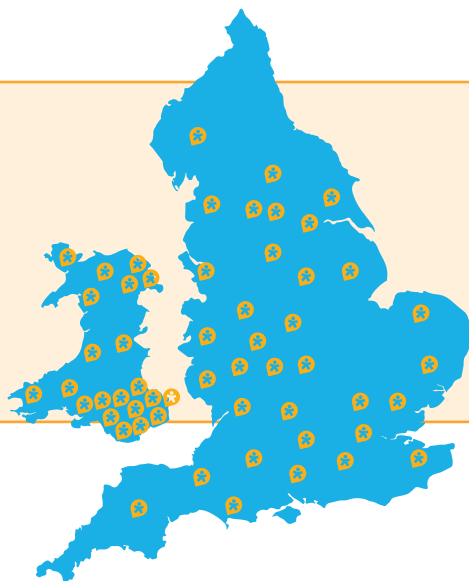
## The Sweet impact

**100%** learner pass rate

**Over 20,000** Sweet learners

**250** centres in England and Wales

Centres include schools, colleges, PRUs and youth services.



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