

Write your name here

Surname

Other names

Pearson
Edexcel GCE

Centre Number

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Candidate Number

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Health and Social Care

Unit 1: Human Growth and Development

Wednesday 17 May 2017 – Morning
Time: 1 hour 30 minutes

Paper Reference

6938/01

You do not need any other materials.

Total Marks

Instructions

- Use **black** ink or ball-point pen.
- **Fill in the boxes** at the top of this page with your name, centre number and candidate number.
- Answer **all** questions.
- Answer the questions in the spaces provided
– *there may be more space than you need.*

Information

- The total mark for this paper is 90.
- The marks for **each** question are shown in brackets
– *use this as a guide as to how much time to spend on each question.*
- Questions labelled with an **asterisk** (*) are ones where the quality of your written communication will be assessed
– *you should take particular care on these questions with your spelling, punctuation and grammar, as well as the clarity of expression.*

Advice

- Read each question carefully before you start to answer it.
- Try to answer every question.
- Check your answers if you have time at the end.

Turn over ►

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Pearson

Answer ALL questions. Write your answers in the spaces provided.

1 Maria is a carer for Steve who is 80 years of age and physically disabled. She has a teenage daughter, Sally, who studies GCSEs at the local academy. Maria volunteers at the local community food bank where she met Sylvia and they have become friends. Sylvia has a son, Rik, in the same year group as Sally.

(a) Identify the life stages of the following people:

(i) Steve (1)

(ii) Sally (1)

(b) Sally and Rik are in the same life stage and are experiencing major physical changes in their bodies.

(i) Identify **two** different physical changes. (2)

1

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2

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(ii) Identify **two** similar physical changes taking place. (2)

1

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2

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(c) Explain what is meant by the term 'balanced diet'.

(4)

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(d) A balanced diet is generally recommended for everyone.

Explain the benefits of a balanced diet.

(6)

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(e) The local community centre provides services such as the food bank where Maria volunteers.

Discuss the issues families may face when using services provided by community groups.

(6)

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*f) Rik has been accepted for an engineering apprenticeship with a local employer.
Discuss how this will impact on his self-concept.

(8)

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(Total for Question 1 = 30 marks)



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2 (a) (i) Explain what is meant by 'lifestyle factors'.

(2)

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(ii) Explain what is meant by 'psychological factors'.

(2)

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*(b) Sylvia and Maria live in a safe neighbourhood.

Examine the importance of living in a safe neighbourhood for health and wellbeing.

(10)

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(c) Maria helps with community activities when she has time.

Explain the effect this may have on Maria's emotional development.

(4)

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***(d)** Steve has limited mobility. He has an incurable disease that affects his mobility which will eventually get worse.

Assess how the loss of mobility may affect Steve's development.

(10)

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(e) Describe **one** way Maria could keep Steve interested in the world around him when he loses his mobility.

(2)

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(Total for Question 2 = 30 marks)

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3 (a) (i) Define what is meant by the term 'holistic' health.

(2)

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(ii) Explain **one** other definition of health using an example.

(4)

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*(b) Discuss the advantages and disadvantages of the educational/behavioural approach/model used in some health promotion campaigns.

(8)

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(c) Recent legislation has banned smoking cigarettes in vehicles with passengers below 18 years of age.

(i) Identify the approach/model used in this health promotion.

(1)

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(ii) Justify the introduction of legislation to prevent smoking cigarettes in vehicles with passengers below 18 years of age.

(3)

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(iii) The Department of Health would also like to reduce 'so-called' third-hand smoke. The harmful effect of a person smoking a cigarette in a room can last for up to 10 hours on surfaces.

Outline **one** difficulty the Department of Health may have in reducing smoking in the home.

(2)

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* (d) Evaluate other government strategies intended to protect the UK population from smoking-related illnesses.

(10)

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(Total for Question 3 = 30 marks)

TOTAL FOR PAPER = 90 MARKS



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