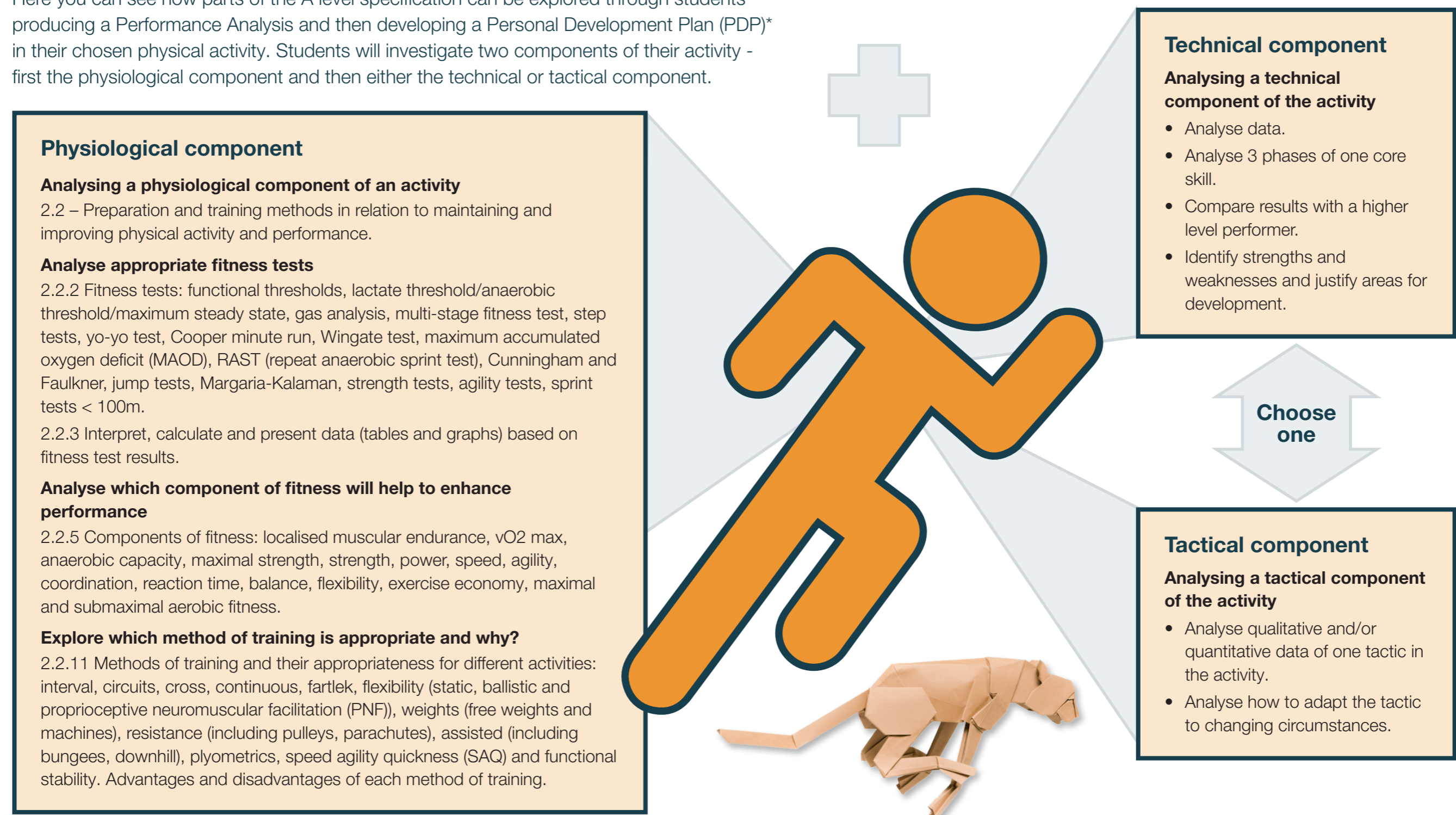


Edexcel A level Physical Education

Develops knowledge and understanding through practical application

We have developed our qualifications with a 'supporting through practice' approach, designed to enable all students to further their understanding of the subject through application. Students will be encouraged to engage in physical activity and sport by contextualising the theory and applying their knowledge to their practical performance as a performer or coach.

Here you can see how parts of the A level specification can be explored through students producing a Performance Analysis and then developing a Personal Development Plan (PDP)* in their chosen physical activity. Students will investigate two components of their activity - first the physiological component and then either the technical or tactical component.



Edexcel A level Physical Education

Encourages a holistic understanding of PE

Our new AS and A level PE qualifications will further develop students' understanding of how the mind and body works in relation to performance in physical sport whilst also engaging them with key issues and themes relating to contemporary global influences on physical education.

