

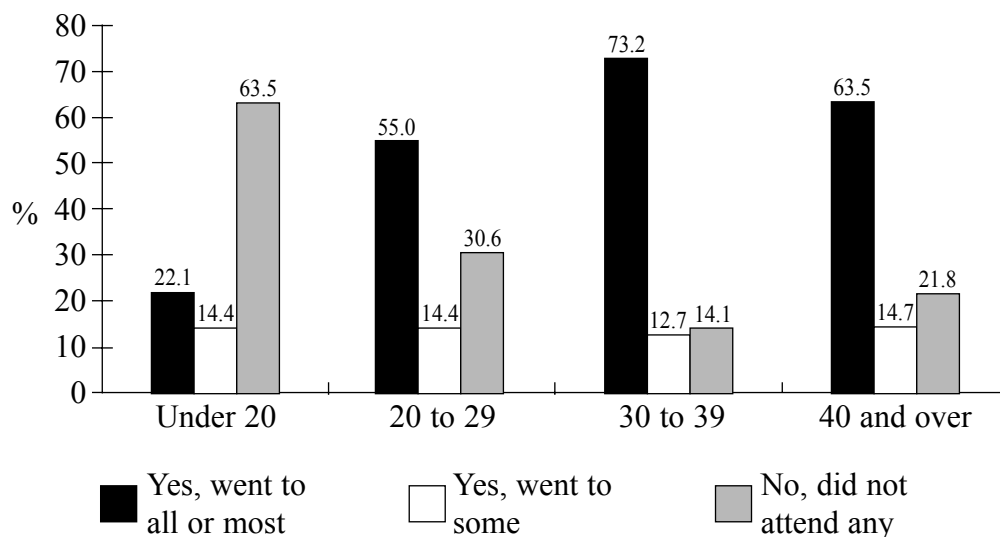
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Answer ALL questions in the spaces provided.

1. Antenatal services can reduce many unborn babies' disadvantages and potential deprivation. A study found that women who received no antenatal care were nearly six times more likely than other mothers to have a very low birth weight baby.

Maternal attendance at antenatal classes by age of mother at birth of cohort child (first-time mothers only)



[<http://www.scotland.gov.uk/Publications/2007/01/17162004/4>]

- (a) (i) Using the information given, identify which was the largest group of pregnant women by age that did not attend any antenatal classes.

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(1)

- (ii) Using the information given, identify which group by age went to all or most of the antenatal classes.

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(1)



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Halima is 17 years old and 8 months pregnant with her first baby. Her relationship with the baby's father has broken down and they no longer see each other. Halima has attended some antenatal classes since becoming pregnant.

(b) Identify and describe **two** reasons why Halima might not attend all her antenatal classes.

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(c) Explain how support services may help teenagers like Halima during their pregnancy.

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(4)



- (d) The government’s Healthy Start scheme was launched in 2007. It provides vouchers for fruit, vegetables or milk worth £2.80 a week to pregnant women on income support or income-based jobseekers’ allowance. Halima receives income support.

Discuss the possible impact of receiving the Healthy Start vouchers on Halima’s health and well-being.

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(8)



2. Many pregnant teenagers are uncomfortable attending antenatal care, feeling they will be judged by older patients and staff as being immature and reckless.

(a) (i) Identify the term which describes the feeling of being judged without being known personally.

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(1)

(ii) Identify the name given to the set of principles that care professionals use to guide their practice.

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(1)

(b) Antenatal care workers promote empowerment through working in partnership with their service users. However, sometimes this may be limited.

Explain why **empowerment** does not always happen in practice.

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(c) Identify and describe **two** ways in which the care workers may empower service users.

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(d) Discuss the effect of empowerment by care workers on the self-esteem of service users.

(8)



3.

Joan is 82 years old and follows a healthy lifestyle, exercising every day and eating a sensible diet. Her husband Walter died recently after a series of heart attacks. She attends the local day centre, Firtrees, three times a week.

- (a) Identify **two** predictable events in Joan's life.

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(2)

- (b) (i) At Firtrees, Joan forms friendships with care workers and other older people. Identify the type of socialisation associated with such friendship groups.

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(1)

- (ii) Explain how attending Firtrees may help Joan to cope with the death of her husband.

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(d) Joan's husband Walter led an unhealthy life style.

Explain how Walter's life style may have led to his heart attacks.

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(e) Assess the effects of unpredictable life events on health and well-being.

(10)

(Total 30 marks)

Q3

TOTAL FOR PAPER: 90 MARKS

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