

BTEC Tech Award in

Sport, Activity and Fitness

Your Key Stage 4 BTEC for schools



The skills to succeed - the confidence to progress



What's inside your first look guide?

Section 1: Introducing BTEC Tech Awards

New to BTEC at Key Stage 4?	p4
Introducing the BTEC Tech Award in Sport, Activity and Fitness	p5

Section 2: Teaching BTEC Tech Awards

How does the course work?	p7
Component 1	p8
Component 2	p10
Component 3	p12
Your support: an overview	p14
Your support: Teaching Packs	p16

Section 3: Get set for assessment

How does assessment work?	p18
How does grading work?	p22
Your support for assessment	p24

Section 4: Recognising student achievement

How do BTEC Tech Awards fit into Progress 8?	p25
Where can BTEC Tech Awards take your students?	p27

Introducing BTEC Tech Awards

In this section

- » What are BTECs?
- » What are the BTEC Tech Awards?
- » Why is the BTEC Tech Award in Sport, Activity and Fitness the best option for my students?



New to BTEC at Key Stage 4?

What are BTECs?

Chosen by **over a million students** every year, BTECs are vocational qualifications designed to help your students succeed. Students develop knowledge and understanding through **applying their learning to work-related contexts**, and gain the **skills they need** for further study and employment.

What are BTEC Tech Awards?

Designed **specifically for schools**, BTEC Tech Awards are brand new Level 1 and Level 2 qualifications for first teaching from September 2017. Complementing GCSEs and providing a first glimpse into a professional sector, these qualifications assess students through assignments and **written assessments**.

BTEC Tech Awards have been specifically designed:



for 14-16 year olds in schools



to give students a hands-on taste of the sector, and the skills and confidence to take their next steps



to count in the 'open group' of Progress 8.

Why choose the BTEC Tech Award in Sport, Activity and Fitness?

- Assessment includes practical tasks and assignments.
- Content to **interest and engage** your KS4 sport students.
- **Planning and teaching made simple:** all the support materials you need and a sport specialist on hand.
- **Clear progression** onto Level 3 study for students who want to explore sport further.
- **Differentiated grading** across both Level 1 and Level 2, with equivalency to the new GCSE grades.

[Read on to find out more](#)

Teaching BTEC Tech Awards

In this section...

- » How does the course work?
- » How does Component 1 work?
- » How does Component 2 work?
- » How does Component 3 work?
- » Your support for teaching BTEC Tech Awards

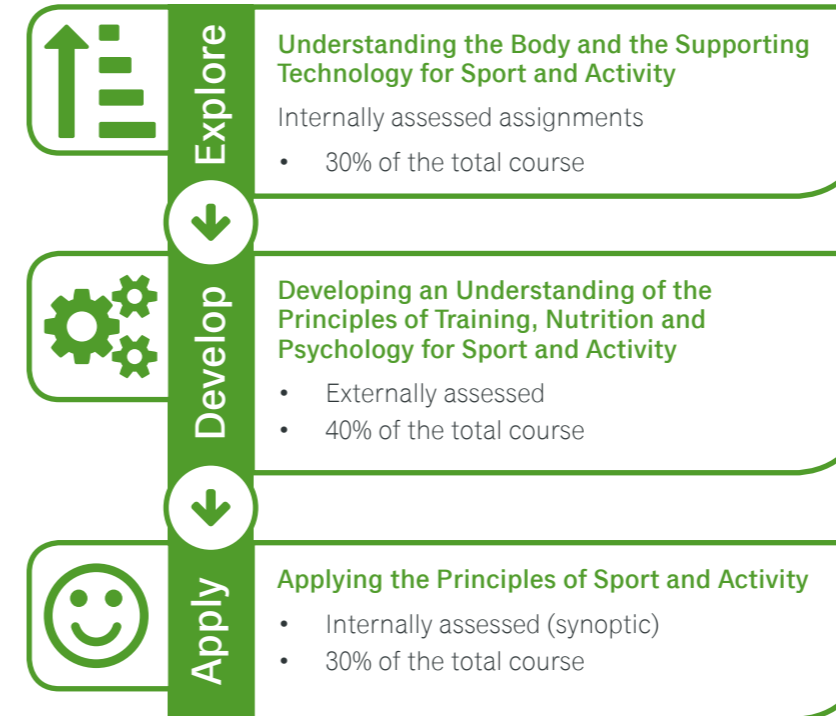


How does the course work?

The course is made up of **three components**: two that are internally assessed and one that's externally assessed.

Our three-block structure, **explore, develop and apply**, has been developed to allow students to build on and embed their knowledge. This allows them to grow in confidence and then put into practice what they have learned.

Our assessment structure is also designed so that students can build on what they learn, and develop their skills, as they move through the course.



Component 1: Explore

Students explore the impact of sport and activity on body systems

Explore



Component 1

Understand the Body and the Supporting Technology for Sport and Activity

Aim: explore body systems, common sports injuries and technological advances in the sector.

Assessment: internally assessed assignments

Weighting: 30% of total course

During Component 1, your students will:

- **investigate** the impact of sport and activity on body systems
- **explore** common injuries in sport and activity and methods of rehabilitation
- **understand** how technological advances have impacted sport and activity.



For more information on the content in this component and assessment examples visit: quals.pearson.com/BTECTASport and explore Section 3 of the specification.

Component 2: Develop

Students develop an understanding of the principles of training, nutrition and psychology

Develop



Component 2

The Principles of Training, Nutrition and Psychology for Sport and Activity

Aim: explore how training, nutrition and psychological factors contribute to engagement in sport and activity.

Assessment: externally assessed

Weighting: 40% of total course

During Component 2, your students will:

- **investigate** how training can improve fitness for sport and activity
- **explore** how a healthy diet, macro and micronutrients, and hydration are beneficial for sport and activity
- **understand** how psychological factors such as motivation, self-confidence and anxiety can influence participation in sport and activity

i

For more information on the content in this component and assessment examples visit: quals.pearson.com/BTECTASport and explore Section 3 of the specification.



Component 3: Apply

Students will apply their learning to plan and lead an engaging session

Apply



Component 3

Applying the Principles of Sport and Activity

Aim: to understand the attributes of a successful sports leader and plan and lead an engaging activity session.

Assessment: internally assessed (synoptic)

Weighting: 30% of total course

To achieve this aim, your students will:

- **understand** the fundamentals of sport and activity leadership
- **plan** activity sessions for target groups
- **understand** how to plan for health, fitness and diet.

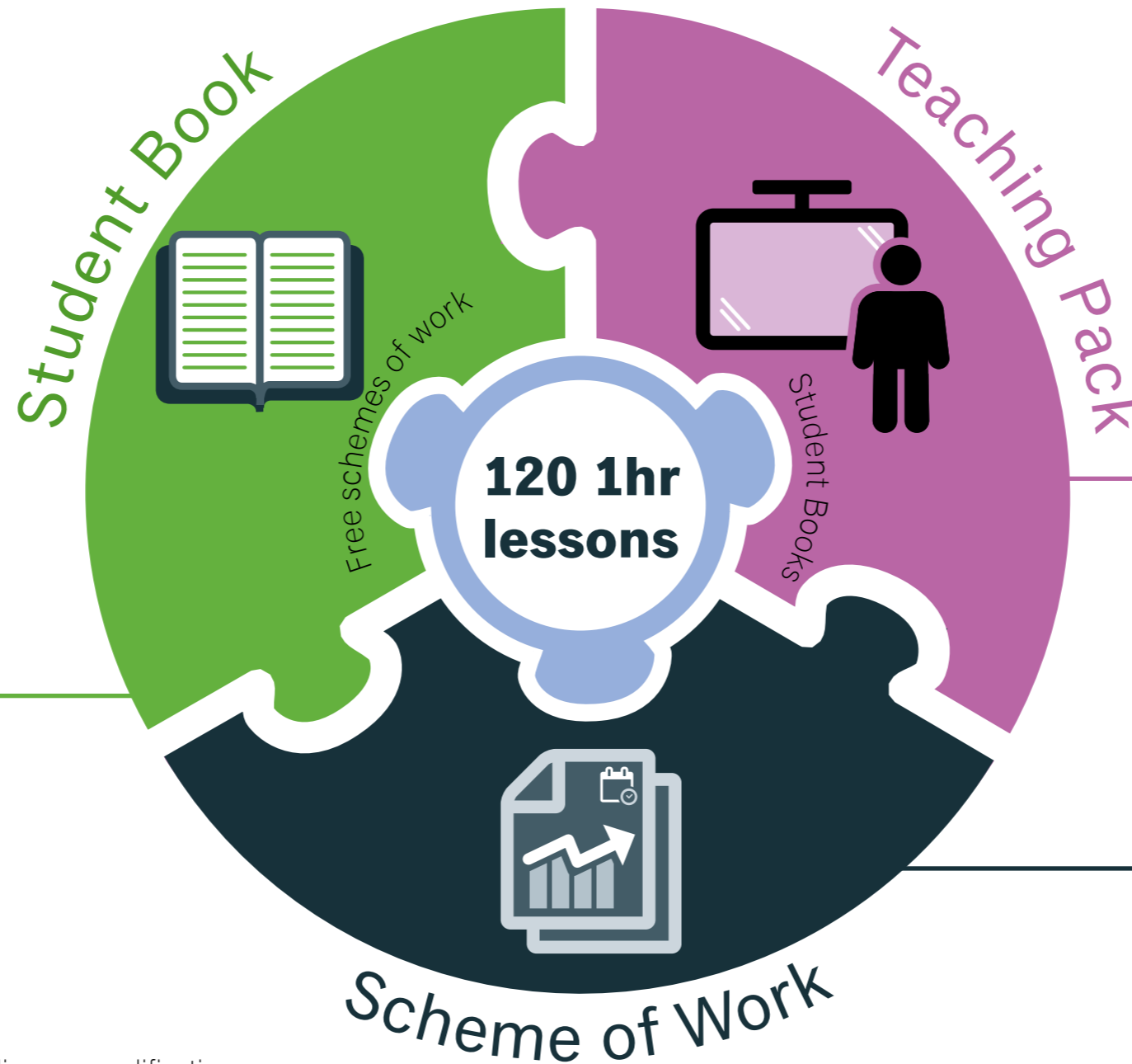
i

For more information on the content in this component and assessment examples visit: quals.pearson.com/BTECTASport and explore Section 3 of the specification.

Every lesson made simple

Your published support for teaching: Overview

2. Student Book
 Every lesson in one spread
 Each lesson in the Scheme of Work has a corresponding two-page spread in the Student Book, with all the content you need to teach that lesson, as well as activities, case studies and assessment practice.



3. Teaching Pack
 More resources for every lesson
 The online Teaching Pack offers additional teaching resources matched to each lesson in the Scheme of Work, including PowerPoints and worksheets.

1. Scheme of Work
 Every lesson covered
 Our resources are built around the free Schemes of Work and cover every lesson from all three components, to make planning and teaching simple.

You do not have to purchase paid-for resources to deliver our qualifications

Your support for teaching: **overview**

Free support

Course materials

Keep an eye on our website for materials in the coming months to support your planning and delivery, including:

- Course Planners for 1 and 2 years
- Schemes of Work for each component
- Assessment materials: SAMs, Authorised Assignment Briefs, and Sample Marked Learner Work

quals.pearson.com/BTECTASport

Resources will be available in the coming months.
Keep informed by signing up to Sport updates:
quals.pearson.com/BTECTASport

Your published support for teaching: Scheme of Work

PowerPoints provide content for every lesson in the Scheme of Work, with lesson starters, class discussion, further reading and more.

BTEC Tech Award Sport

Component 1: An Introduction to Sport and the Sports Industry Learning Aim A

Types of team sports

V943694_aw_slide 1

© Pearson Education Ltd 2017. Copying permitted for purchasing institution only. Pearson

Please note: these sample sheets are drafts only.

BTEC Tech Award Sport

Activity sheet 1.11: Psychological benefits of taking part in sport

Learning aim A: Investigate the benefits of participation in different types of sport
Learning aim A3: Benefits of taking part in sport for different types of participants

Consider the sports below. Identify what psychological benefits people can gain from taking part in each sport. Underneath each sport give reasons for your choices.

	Increased self-esteem	Increased self-confidence	Decreased risk of depression	Reduction of stress
Squash	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Yoga	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Rock climbing	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Worksheets provide assessment practice to engage your students and embed their knowledge of the subject.

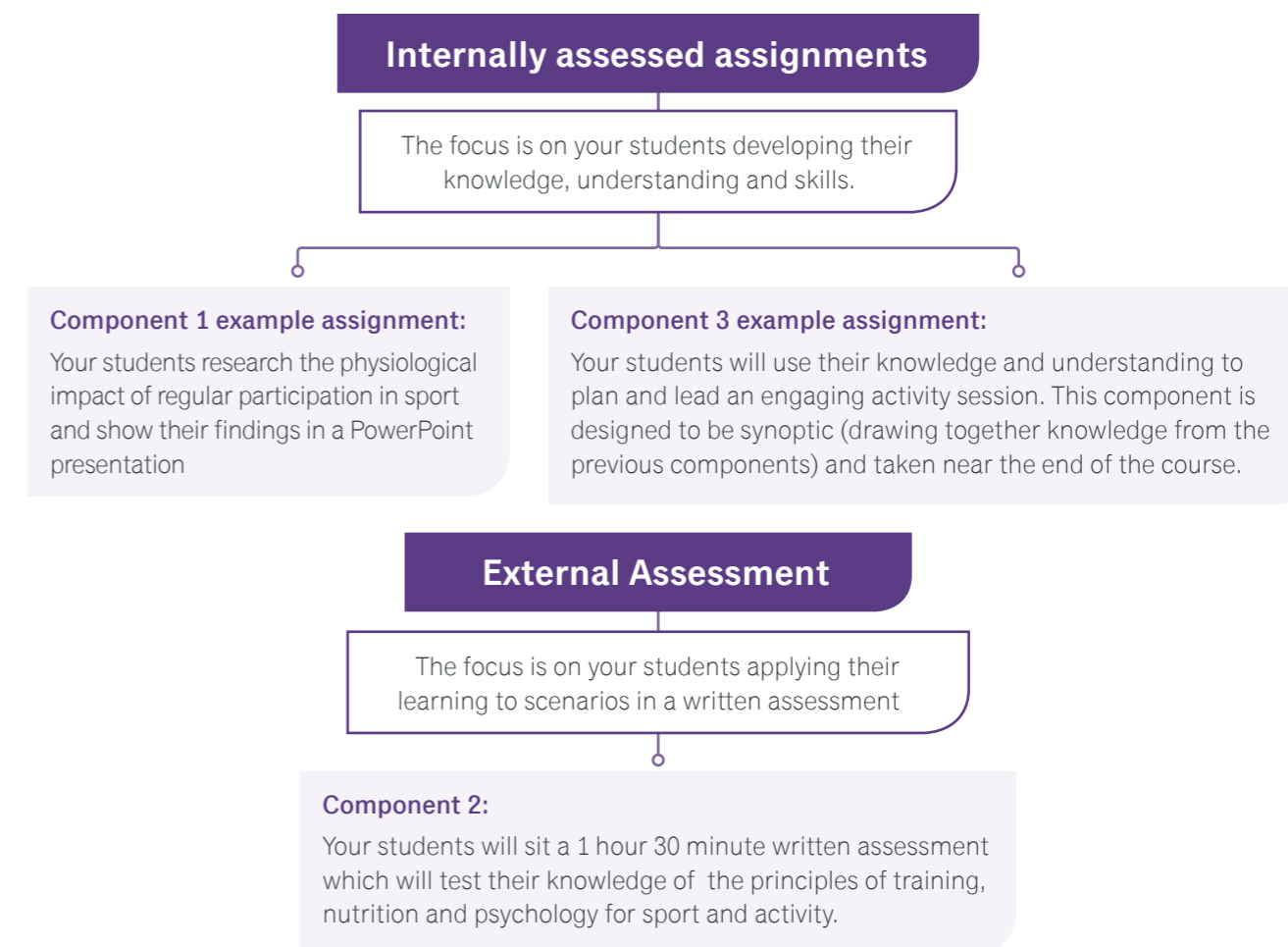
Get set for assessment

In this section...

- » Why the combination of internal and external assessment?
- » How does assessment work?
- » How does grading work?
- » Your support for assessment

Why the combination of internal and external assessment?

The combination of internal and external assessment means your students will develop the knowledge, understanding and skills they need and then have the opportunity to put this learning into practice through a real-life scenario.



How does the assessment work?

Retaining the BTEC approach

Internal assessment

We've retained the well-established BTEC approach, adapted to fit the specific needs of this qualification. These assignments are set by your school assessment team, using guidance and examples provided by us. Students are given an assignment brief with a defined start date, completion date, and clear requirements for evidence needed. This assignment is then internally verified and may be externally verified.

Can my students resubmit?

Students may be able to re-submit, subject to approval with your Lead Internal Verifier.

- ✔ One re-submission
- ✔ One retake (with a new assignment)



Why do we use verification?

We have chosen to verify rather than moderate our assignments; this means you can receive feedback on individual students and understand and track their performance at every stage - avoiding any last minute surprises.



Want to know more?

More detail on internal assignments is in section 5 of your specification.

quals.pearson.com/BTECTASport

Task over tests

External assessment

When can my students take the external assessment?

There is one externally assessed component (Component 2). The supervised, written assessment for this component is available in February and May/June.

Can my students resit?

Your students will have one opportunity to resit.

- ✔ One resit
- 📅 External assessment is in February and May/June



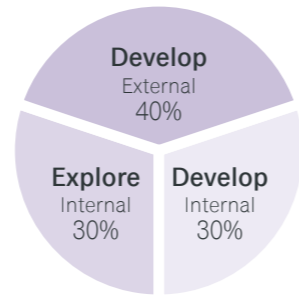
Want to see an example task?

See the sample assessment material (SAM) on our website.

quals.pearson.com/BTECTASport

How does the grading work?

Students achieve a grade for each component, which are allocated points. At the end of the course, we calculate the final grade by adding the points from each component, and matching this against the qualification grade point thresholds.



Internally assessed		Externally assessed	Final qualification grade			
Explore - 30%	+	Apply - 30%		+	Develop - 40%	=
PASSED ☑		PASSED ☑			PASSED ☑	

Example			Final qualification grade
29 Points	36 Points	36 Points	
Grade Level 2 - Merit	Grade Level 2 - Distinction	Grade Level 2 - Merit	Final Grade Level 2 - Merit

i For more information on internal and external grading see section 8 of the specification.

quals.pearson.com/BTECTASport



Full grading

Our qualification goes from Level 1 Pass to Level 2 Distinction* to ensure all students' achievements are recognised. Students need to achieve a L1 Pass or above in the three components to achieve the qualification.



Qualification grade point thresholds

Level 2 Distinction* · 114 points

Level 2 Distinction · 105 points

Level 2 Merit · 95 points

Level 2 Pass · 72 points

Level 1 Distinction · 58 points

Level 1 Merit · 44 points

Level 1 Pass · 30 points

i For more information on grading see section 8 of the specification.

quals.pearson.com/BTECTASport

Your support for assessment



Sample Assessment Material

You can download Sample Assessment Material for Component 2 from our website, to give you an idea of what the tasks will look like. This also includes a mark scheme and marking guidance, so that you can see what is required from your students at each level.

quals.pearson.com/BTECTASport



Authorised Assignment Briefs

You can download Authorised Assignment Briefs for each of the Learning Aims of Component 1 and 3 from our website. You can use these with your students as they are, tailor them to fit your students, or use them as inspiration to develop your own briefs.

quals.pearson.com/BTECTASport



Sample Marked Learner Work

Sample Marked Learner Work will be available to download from our website in the Autumn term. This will give you an example of students' responses at pass, merit, and distinction grades.

quals.pearson.com/BTECTASport



Published Support

Our Teaching Packs contain specific activities on preparing for assessment, making sure your students have plenty of chance to practice.

See pages 14-17 of this guide to find out more

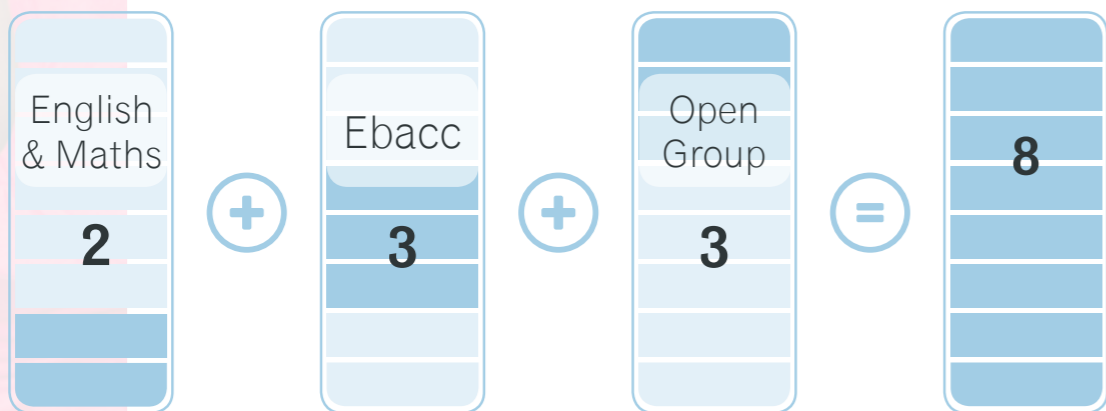
Recognising student achievement

In this section...

- » How does the BTEC Tech Award fit into Progress 8?
- » Where can a BTEC Tech Award take your students?

How does the BTEC Tech Award fit into Progress 8?

The BTEC Tech Award in Sport, Activity and Fitness has been **included on the DfE List of qualifications** which will count towards performance tables in England and Northern Ireland (2019 results), meaning that it can be included in the third tier of Progress 8: the 'open' (non-EBacc) category.



Once BTEC Tech Awards are included on the Key Stage 4 performance tables (2019 results), your students can take up to 3 BTEC Tech Awards in the "Open Group" alongside their GCSEs.

Where can a BTEC Tech Award take your students?

What will my students gain from a BTEC Tech Award?



Practical, transferable skills

BTEC Tech Awards focus on building skills which will give your students the confidence to progress in whatever path they choose.



A taster of the sector

The BTEC Tech Award is a practical introduction to life and work in Sport, Activity and Fitness, so your students can develop their understanding of the sector and see whether it's an industry they'd like to be in.



A well-rounded foundation for further study

As they're designed to be taken alongside GCSEs, with a BTEC Tech Award your KS4 students have the opportunity to apply academic knowledge to everyday and work contexts, giving them a great starting point for academic or vocational study post-16, as well as preparing them for future employment.

Recognised by employers and universities

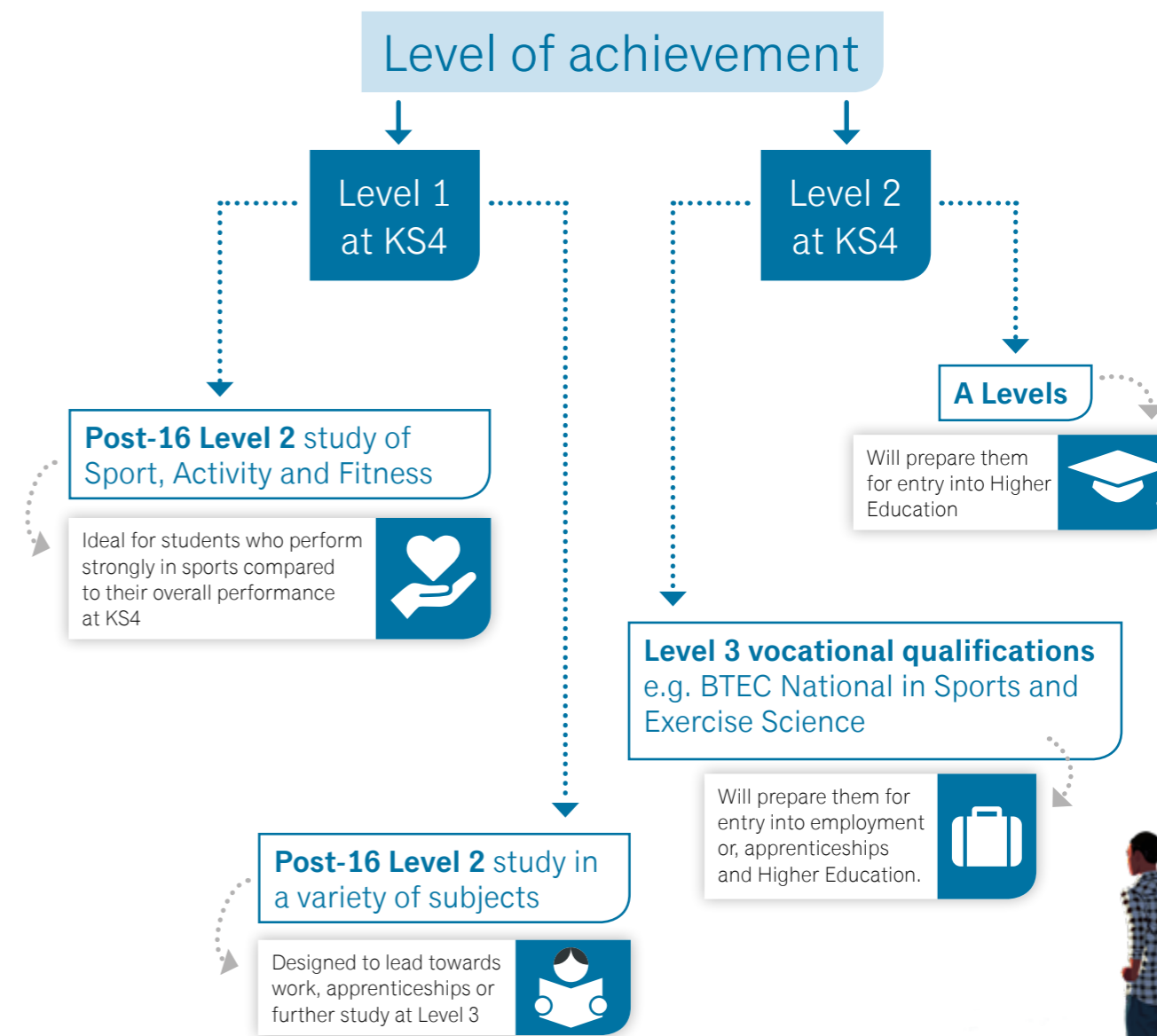
In 2015, 1 in 4 students who entered university in the UK did so with a BTEC. BTEC is a recognised and well-known qualification suite, providing reassurance that students who study a BTEC meet the levels required by employers and Higher Education.

What are my students' options for progression after the course?

After completing their BTEC Tech Award, your students will be in a great position to continue in the sports sector. This qualification prepares students for both practical and academic routes.

Nutritionist
Physio
Coaching
Sport Science
Sport Psychologist

Where can my students progress to?



Your next steps

If you like what you see, and are interested in the BTEC Tech Award in Sport, Activity and Fitness, then:



Download your specification for a more detailed look at the course:

quals.pearson.com/BTECTASport



Your Subject Advisor, Penny Lewis, is always on hand to answer your queries in the run-up to first teaching and beyond:

✉ TeachingPEandSport@pearson.com

🐦 [@PearsonPESport](https://twitter.com/PearsonPESport)

☎ 020 7010 2188



Tell us you're teaching this qualification to receive the latest updates:

quals.pearson.com/TAsignup



We are running Getting Ready to Teach events to help you feel confident teaching and assessing this new qualification.

quals.pearson.com/training



When you have finished with this leaflet please recycle it

Pearson Education Ltd is committed to reducing its impact on the environment by using responsibly sourced and recycled paper.

PEUK A0773

The skills to succeed - the confidence to progress

