BTEC Tech Award in Sport, Activity and Fitness

Your Key Stage 4 BTEC for schools

The skills to succeed - the confidence to progress
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## Introducing BTEC Tech Awards

### In this section
- What are BTECs?
- What are the BTEC Tech Awards?
- Why is the BTEC Tech Award in Sport, Activity and Fitness the best option for my students?
New to BTEC at Key Stage 4?

What are BTECs?
Chosen by over a million students every year, BTECs are vocational qualifications designed to help your students succeed. Students develop knowledge and understanding through applying their learning to work-related contexts, and gain the skills they need for further study and employment.

What are BTEC Tech Awards?
Designed specifically for schools, BTEC Tech Awards are brand new Level 1 and Level 2 qualifications for first teaching from September 2017. Complementing GCSEs and providing a first glimpse into a professional sector, these qualifications assess students through assignments and written assessments.

BTEC Tech Awards have been specifically designed:

- for 14-16 year olds in schools
- to give students a hands-on taste of the sector, and the skills and confidence to take their next steps
- to count in the ‘open group’ of Progress 8.

Why choose the BTEC Tech Award in Sport, Activity and Fitness?

- Assessment includes practical tasks and assignments.
- Content to interest and engage your KS4 sport students.
- Planning and teaching made simple: all the support materials you need and a sport specialist on hand.
- Clear progression onto Level 3 study for students who want to explore sport further.
- Differentiated grading across both Level 1 and Level 2, with equivalency to the new GCSE grades.

Read on to find out more
In this section...

» How does the course work?
» How does Component 1 work?
» How does Component 2 work?
» How does Component 3 work?
» Your support for teaching BTEC Tech Awards

How does the course work?
The course is made up of three components: two that are internally assessed and one that’s externally assessed.

Our three-block structure, explore, develop and apply, has been developed to allow students to build on and embed their knowledge. This allows them to grow in confidence and then put into practice what they have learned.

Our assessment structure is also designed so that students can build on what they learn, and develop their skills, as they move through the course.

Understanding the Body and the Supporting Technology for Sport and Activity
- Internally assessed assignments
  - 30% of the total course

Developing an Understanding of the Principles of Training, Nutrition and Psychology for Sport and Activity
- Externally assessed
  - 40% of the total course

Applying the Principles of Sport and Activity
- Internally assessed (synoptic)
  - 30% of the total course
Component 1: Explore

Students explore the impact of sport and activity on body systems
Component 2: Develop

Students develop an understanding of the principles of training, nutrition and psychology

The Principles of Training, Nutrition and Psychology for Sport and Activity

**Aim:** explore how training, nutrition and psychological factors contribute to engagement in sport and activity.

**Assessment:** externally assessed

**Weighting:** 40% of total course

During Component 2, your students will:

- **investigate** how training can improve fitness for sport and activity
- **explore** how a healthy diet, macro and micronutrients, and hydration are beneficial for sport and activity
- **understand** how psychological factors such as motivation, self-confidence and anxiety can influence participation in sport and activity

For more information on the content in this component and assessment examples visit: [quals.pearson.com/BTECTASport](quals.pearson.com/BTECTASport) and explore Section 3 of the specification.
Component 3: Apply

Students will apply their learning to plan and lead an engaging session.

Apply

Component 3

Applying the Principles of Sport and Activity

Aim: to understand the attributes of a successful sports leader and plan and lead an engaging activity session.

Assessment: internally assessed (synoptic)

Weighting: 30% of total course

To achieve this aim, your students will:

- understand the fundamentals of sport and activity leadership
- plan activity sessions for target groups
- understand how to plan for health, fitness and diet.

For more information on the content in this component and assessment examples visit: quals.pearson.com/BTECTASport and explore Section 3 of the specification.
Every lesson made simple

Your published support for teaching:
Overview

1. Scheme of Work
   Every lesson covered
   Our resources are built around the free Schemes of Work and cover every lesson from all three components, to make planning and teaching simple.

2. Student Book
   Every lesson in one spread
   Each lesson in the Scheme of Work has a corresponding two-page spread in the Student Book, with all the content you need to teach that lesson, as well as activities, case studies and assessment practice.

3. Teaching Pack
   More resources for every lesson
   The online Teaching Pack offers additional teaching resources matched to each lesson in the Scheme of Work, including PowerPoints and worksheets.

Click here to order your free Evaluation Pack.

You do not have to purchase paid-for resources to deliver our qualifications.
Activity sheet 1.11: Psychological benefits of taking part in sport

Learning aim A: Investigate the benefits of participation in different types of sport

Learning aim A3: Benefits of taking part in sport for different types of participants

Consider the sports below. Identify what psychological benefits people can gain from taking part in each sport. Underneath each sport give reasons for your choices.

- Squash
- Yoga
- Rock climbing

Increased risk of depression
Increased risk of stress

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Line spacing: 1.5 lines

Your published support for teaching: Scheme of Work

PowerPoints provide content for every lesson in the Scheme of Work, with lesson starters, class discussion, further reading and more.

- Types of team sports
  - Netball
  - Football
  - Basketball
  - Rounders
  - Volleyball
  - Hockey
  - Cricket
  - Rugby

Please note: these sample sheets are drafts only.
Why the combination of internal and external assessment?

The combination of internal and external assessment means your students will develop the knowledge, understanding and skills they need and then have the opportunity to put this learning into practice through a real-life scenario.

Internally assessed assignments

- The focus is on your students developing their knowledge, understanding and skills.

Component 1 example assignment:
Your students research the physiological impact of regular participation in sport and show their findings in a PowerPoint presentation.

Component 3 example assignment:
Your students will use their knowledge and understanding to plan and lead an engaging activity session. This component is designed to be synoptic (drawing together knowledge from the previous components) and taken near the end of the course.

External Assessment

- The focus is on your students applying their learning to scenarios in a written assessment.

Component 2:
Your students will sit a 1 hour 30 minute written assessment which will test their knowledge of the principles of training, nutrition and psychology for sport and activity.
How does the assessment work?

Retaining the BTEC approach

Internal assessment

We’ve retained the well-established BTEC approach, adapted to fit the specific needs of this qualification. These assignments are set by your school assessment team, using guidance and examples provided by us. Students are given an assignment brief with a defined start date, completion date, and clear requirements for evidence needed. This assignment is then internally verified and may be externally verified.

Can my students resubmit?

Students may be able to re-submit, subject to approval with your Lead Internal Verifier.

Task over tests

External assessment

When can my students take the external assessment?

There is one externally assessed component (Component 2). The supervised, written assessment for this component is available in February and May/June.

Can my students resit?

Your students will have one opportunity to resit.

Why do we use verification?

We have chosen to verify rather than moderate our assignments; this means you can receive feedback on individual students and understand and track their performance at every stage - avoiding any last minute surprises.

Want to know more?

More detail on internal assignments is in section 5 of your specification.
quals.pearson.com/BTECTASport

Want to see an example task?

See the sample assessment material (SAM) on our website.
quals.pearson.com/BTECTASport
How does the grading work?

Students achieve a grade for each component, which are allocated points. At the end of the course, we calculate the final grade by adding the points from each component, and matching this against the qualification grade point thresholds.

**Full grading**

Our qualification goes from Level 1 Pass to Level 2 Distinction* to ensure all students’ achievements are recognised. Students need to achieve a L1 Pass or above in the three components to achieve the qualification.

**Qualification grade point thresholds**

<table>
<thead>
<tr>
<th>Level 2 Distinction*</th>
<th>114 points</th>
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<tbody>
<tr>
<td>Level 2 Distinction</td>
<td>105 points</td>
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<tr>
<td>Level 2 Merit</td>
<td>95 points</td>
</tr>
<tr>
<td>Level 2 Pass</td>
<td>72 points</td>
</tr>
<tr>
<td>Level 1 Distinction</td>
<td>58 points</td>
</tr>
<tr>
<td>Level 1 Merit</td>
<td>44 points</td>
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<tr>
<td>Level 1 Pass</td>
<td>30 points</td>
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For more information on internal and external grading see section 8 of the specification.

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Get set for assessment

Get set for assessment
Recognising student achievement

In this section...

» How does the BTEC Tech Award fit into Progress 8?
» Where can a BTEC Tech Award take your students?

Your support for assessment

Sample Assessment Material
You can download Sample Assessment Material for Component 2 from our website, to give you an idea of what the tasks will look like. This also includes a mark scheme and marking guidance, so that you can see what is required from your students at each level.
quals.pearson.com/BTECTASport

Authorised Assignment Briefs
You can download Authorised Assignment Briefs for each of the Learning Aims of Component 1 and 3 from our website. You can use these with your students as they are, tailor them to fit your students, or use them as inspiration to develop your own briefs.
quals.pearson.com/BTECTASport

Sample Marked Learner Work
Sample Marked Learner Work will be available to download from our website in the Autumn term. This will give you an example of students’ responses at pass, merit, and distinction grades.
quals.pearson.com/BTECTASport

Published Support
Our Teaching Packs contain specific activities on preparing for assessment, making sure your students have plenty of chance to practice.
See pages 14-17 of this guide to find out more
Where can a BTEC Tech Award take your students?

What will my students gain from a BTEC Tech Award?

### Practical, transferable skills

BTEC Tech Awards focus on building skills which will give your students the confidence to progress in whatever path they choose.

### A taster of the sector

The BTEC Tech Award in Sport, Activity and Fitness has been included on the DfE List of qualifications which will count towards performance tables in England and Northern Ireland (2019 results), meaning that it can be included in the third tier of Progress 8: the ‘open’ (non-EBacc) category.

### A well-rounded foundation for further study

As they’re designed to be taken alongside GCSEs, with a BTEC Tech Award your KS4 students have the opportunity to apply academic knowledge to everyday and work contexts, giving them a great starting point for academic or vocational study post-16, as well as preparing them for future employment.

<table>
<thead>
<tr>
<th>English &amp; Maths</th>
<th>Ebacc</th>
<th>Open Group</th>
<th>Total</th>
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<tbody>
<tr>
<td>2</td>
<td>3</td>
<td>3</td>
<td>8</td>
</tr>
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</table>

Once BTEC Tech Awards are included on the Key Stage 4 performance tables (2019 results), your students can take up to 3 BTEC Tech Awards in the “Open Group” alongside their GCSEs.
Where can my students progress to?

Level of achievement

- Level 1 at KS4
  - Post-16 Level 2 study of Sport, Activity and Fitness
    - Ideal for students who perform strongly in sports compared to their overall performance at KS4

- Level 2 at KS4
  - Post-16 Level 2 study in a variety of subjects
    - Designed to lead towards work, apprenticeships or further study at Level 3

- A Levels
  - Will prepare them for entry into Higher Education

- Level 3 vocational qualifications
  - e.g. BTEC National in Sports and Exercise Science
  - Will prepare them for entry into employment or apprenticeships and Higher Education.

Recognised by employers and universities

In 2015, 1 in 4 students who entered university in the UK did so with a BTEC. BTEC is a recognised and well-known qualification suite, providing reassurance that students who study a BTEC meet the levels required by employers and Higher Education.

What are my students’ options for progression after the course?

After completing their BTEC Tech Award, your students will be in a great position to continue in the sports sector. This qualification prepares students for both practical and academic routes.

Recognising student achievement

Recognising student achievement
Your next steps

If you like what you see, and are interested in the BTEC Tech Award in Sport, Activity and Fitness, then:

Download your specification for a more detailed look at the course:
quals.pearson.com/BTECTASport

Tell us you’re teaching this qualification to receive the latest updates:
quals.pearson.com/TAsignup

Your Subject Advisor, Penny Lewis, is always on hand to answer your queries in the run-up to first teaching and beyond:

- TeachingPEandSport@pearson.com
- @PearsonPESport
- 020 7010 2188

We are running Getting Ready to Teach events to help you feel confident teaching and assessing this new qualification.
quals.pearson.com/training