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## Comparing unit content

# HEALTH AND SOCIAL CARE

Edexcel BTEC Level 1/Level 2 First Award in Health and Social Care (NQF)

Edexcel BTEC Level 2 First Extended Certificate in Health and Social Care (QCF)

[www.btec.co.uk/2012](http://www.btec.co.uk/2012)

## BTEC First Award in Health and Social Care (NQF) and BTEC Level 2 First Extended Certificate in Health and Social Care (QCF)

### Comparing unit content

This table maps the content of the new **BTEC First Award in Health and Social Care** for level 2 learners (NQF), shown in the left-hand column, against the content of the current **BTEC Level 2 First Extended Certificate in Health and Social Care** (QCF) in the right-hand column.

This mapping will help you transition from one specification to the other by highlighting where there are changes in content, particularly where there is new content that will need to be delivered to help your learners prepare for the new assessment.

In order to make the table easy to use and to demonstrate new content we have used a 'traffic lights' colour scheme as follows:

- **GREEN** – covered. In this case the content in the 2012 BTEC First Award (NQF) is very close to the existing BTEC Level 2 Extended Certificate (QCF). In the right-hand column the title of the relevant unit and learning outcome identified.
- **YELLOW** – partially covered. In this case the content is partially covered, perhaps in learning outcomes in more than one unit from the BTEC Level 2 Extended Certificate (QCF). Where there is some additional knowledge in the 2012 BTEC, this is stated in the left-hand column under the heading **NEW CONTENT**.
- **RED** – not covered. In this case the content in the 2012 BTEC First Award (NQF) is new. It will appear in the left-hand column so you can see immediately what you will need to teach.

We hope you find this at-a-glance guide useful and that you enjoy your new course.

Note: This table applies to content only. You will need to assess learners against the new assessment criteria. All information is provisional. It is correct at the time of going to press but is subject to change.

## Unit 1: Human Lifespan Development

Edexcel BTEC Level 1/Level 2 First Award in Health and Social Care (NQF)	Edexcel BTEC Level 2 First Extended Certificate in Health and Social Care (QCF)
<b>Unit 1 – Learning aim A: Explore human growth and development across life stages</b>	
A.1 The different life stages people pass through during the life course	Fully covered in: <ul style="list-style-type: none"> <li>Unit 8: Human Lifespan Development LO1 Know developmental changes that occur at different life stages.</li> </ul>
A.2 Key aspects of human growth and development at each life stage	Fully covered in: <ul style="list-style-type: none"> <li>Unit 8: Human Lifespan Development LO1 Know developmental changes that occur at different life stages.</li> </ul>
<b>Unit 1 – Learning aim B: Investigate factors that affect human growth and development and how they are interrelated</b>	
B.1 Physical factors that affect human growth and development	Fully covered in: <ul style="list-style-type: none"> <li>Unit 8: Human Lifespan Development LO1 Know developmental changes that occur at different life stages.</li> </ul>
B.2 Social, cultural and emotional factors that affect human growth and development	Fully covered in: <ul style="list-style-type: none"> <li>Unit 8: Human Lifespan Development LO3 Know factors that can influence an individual's self-concept.</li> </ul>
B.3 Economic factors that affect human growth and development	Fully covered in: <ul style="list-style-type: none"> <li>Unit 8: Human Lifespan Development LO2 Know positive and negative influences on individuals at different life stages.</li> </ul>
B.4 Physical environment factors that affect human growth and development	Fully covered in: <ul style="list-style-type: none"> <li>Unit 8: Human Lifespan Development LO2 Know positive and negative influences on individuals at different life stages.</li> </ul>
B.5 Psychological factors that affect human growth and development	Fully covered in: <ul style="list-style-type: none"> <li>Unit 8: Human Lifespan Development LO3 Know factors that can influence an individual's self-concept.</li> </ul>
B.6 The expected life events that can affect human growth and development and the positive and negative effects of the events on growth and development	Fully covered in: <ul style="list-style-type: none"> <li>Unit 8: Human Lifespan Development LO2 Know positive and negative influences on individuals at different life stages.</li> </ul>

● Covered   
 ● Partially covered   
 ● Not covered

B.7 The unexpected life events that can affect human growth and development and the effects of the events on personal growth and development and that of others	Fully covered in: <ul style="list-style-type: none"> <li>Unit 8: Human Lifespan Development LO2 Know positive and negative influences on individuals at different life stages.</li> </ul>
B.8 Understanding how to manage the changes caused by life events	Fully covered in: <ul style="list-style-type: none"> <li>Unit 8: Human Lifespan Development LO4 Understand different care needs of individuals at different life stages.</li> </ul>

## Unit 2: Health and Social Care Values

Edexcel BTEC Level 1/Level 2 First Award in Health and Social Care (NQF)	Edexcel BTEC Level 2 First Extended Certificate in Health and Social Care (QCF)
<b>Unit 2 – Learning aim A: Explore the care values that underpin current practice in health and social care</b>	
A.1 Explore the values that underpin current practice in health and social care	Fully covered in: <ul style="list-style-type: none"> <li>Unit 2: Individual Rights in Health and Social Care LO1 Know factors that contribute to a diverse and equal society.</li> <li>Unit 2: Individual Rights in Health and Social Care LO2 Understand principles and values which underpin the support given to individuals.</li> </ul>
A.1 Explore the values that underpin current practice in health and social care <ul style="list-style-type: none"> <li>Duty of Care</li> <li>Person-centred approach to care delivery</li> </ul>	<b>NOT COVERED</b>
<b>Unit 2 – Learning aim B: Investigate ways of empowering individuals who use health and social care services</b>	
<b>NEW CONTENT</b> B.1 Empowering individuals	Partially covered in: <ul style="list-style-type: none"> <li>Unit 2: Individual Rights in Health and Social Care LO2 Understand principles and values which underpin the support given to individuals.</li> </ul>
B.1 Empowering Individuals <ul style="list-style-type: none"> <li>Adapting activities</li> <li>Use of positive working practices</li> </ul>	<b>NOT COVERED</b>

● Covered    ● Partially covered    ● Not covered

## Unit 3: Effective Communication in Health and Social Care

Edexcel BTEC Level 1/Level 2 First Award in Health and Social Care (NQF)	Edexcel BTEC Level 2 First Extended Certificate in Health and Social Care (QCF)
<b>Unit 3 – Learning aim A: Investigate different forms of communication</b>	
A.1 Effective Communication	Fully covered in: <ul style="list-style-type: none"> <li>Unit 1: Communication in Health and Social Care LO1 Know different forms of communication.</li> </ul>
A.2 Alternative forms of communication	Fully covered in: <ul style="list-style-type: none"> <li>Unit 1: Communication in Health and Social Care LO1 Know different forms of communication.</li> </ul>
<b>Unit 3 – Learning aim B: Investigate barriers to communication in Health and Social Care</b>	
B.1 Barriers to communication and how to overcome them	Sound – Fully covered in: <ul style="list-style-type: none"> <li>Unit 1: Communication in Health and Social Care LO2 Understand barriers to effective communication.</li> </ul>
<b>Unit 3 – Learning aim C: Communicate effectively in Health and Social Care</b>	
C.1 Communicating with groups and individuals	Fully covered in: <ul style="list-style-type: none"> <li>Unit 1: Communication in Health and Social Care LO3 Be able to communicate effectively.</li> </ul>

● Covered   
 ● Partially covered   
 ● Not covered

## Unit 4: Social Influences on Health and Wellbeing

Edexcel BTEC Level 1/Level 2 First Award in Health and Social Care (NQF)	Edexcel BTEC Level 2 First Extended Certificate in Health and Social Care (QCF)
<b>Unit 4 – Learning aim A: Explore the effects of socialisation on the health and wellbeing of individuals</b>	
<p><b>NEW CONTENT</b></p> <p>A.1 Primary and secondary socialisation</p>	<p>Partially covered in:</p> <ul style="list-style-type: none"> <li>Unit 3: Individual Needs in Health and Social care LO2 Understand factors that influence the health and needs of individuals.</li> <li>Unit 8: Human Lifespan Development LO2 Know positive and negative influences on individuals at different life stages.</li> <li>Unit 8: Human Lifespan Development LO3 Know factors that can influence an individual's self concept.</li> </ul>
<p>A.1 Primary and secondary socialisation</p> <ul style="list-style-type: none"> <li>Agents of primary and secondary socialisation</li> </ul>	<b>NOT COVERED</b>
<p>A .2 Effects of socialisation</p>	<p>Fully covered in:</p> <ul style="list-style-type: none"> <li>Unit 3: Individual Needs in Health and Social Care LO1 Know everyday needs of individuals.</li> <li>Unit 3: Individual Needs in Health and Social Care LO2 Understand factors that influence the health and needs of individuals.</li> </ul>
<p>A.2 Effects of socialisation</p> <ul style="list-style-type: none"> <li>Shaping of attitudes, social norms, alternative lifestyles, choice of medical care and treatment, complementary medicine, traditional medicine</li> </ul>	<b>NOT COVERED</b>
<b>Unit 4 – Learning aim B: Understand the influences that relationships have on the health and wellbeing of individuals</b>	
<p>B.1 Influences of relationships on individuals</p>	<p>Fully covered in:</p> <ul style="list-style-type: none"> <li>Unit 3: Individual Needs in Health and Social Care LO1 Know every day needs of individuals.</li> </ul>
<p>B.1 Influences of relationships on individuals</p> <ul style="list-style-type: none"> <li>Different types of relationships</li> <li>Influences on relationships</li> </ul>	<b>NOT COVERED</b>

● Covered   
 ● Partially covered   
 ● Not covered

#### Unit 4 – Learning aim C: Investigate the effects of social factors on the health and wellbeing of individuals

C.1 How social factors influence health and wellbeing

Fully covered in:

- Unit 3: Individual Needs in Health and Social Care LO2 Understand factors that influence the health and needs of individuals.

## Unit 5: Promoting Health and Wellbeing

Edexcel BTEC Level 1/Level 2 First Award  
in Health and Social Care (NQF)

Edexcel BTEC Level 2 First Extended Certificate  
in Health and Social Care (QCF)

#### Unit 5 – Learning aim A: Explore the purpose, types and benefits of health promotion

##### NEW CONTENT

A.1 Health promotion

Partially covered in:

- Unit 3: Individual Needs in Health and Social Care LO2 Understand factors that influence the health and needs of individuals.
- Unit 3: Individual Needs in Health and Social Care LO3 Be able to plan to meet the health and wellbeing needs of an individual.

A.1 Health promotion

- A definition of health promotion
- The purpose and aims of health promotion
- Health risk advice
- Health promotion campaigns
- Medical intervention

**NOT COVERED**

##### NEW CONTENT

A.2 Benefits of health promotion to both the health and wellbeing of the individual and the nation

Partially covered in:

- Unit 3: Individual Needs in Health and Social Care LO3 Be able to plan to meet the health and wellbeing needs of an individual.

A.2 Benefits of health promotion to the nation

**NOT COVERED**

● Covered ● Partially covered ● Not covered

**Unit 5 – Learning aim B: Investigate how health risks can be addressed through health promotion**

<p><b>NEW CONTENT</b></p> <p>B.1 Targeting selected health risks</p>	<p>Partially covered in:</p> <ul style="list-style-type: none"> <li>Unit 3: Individual Needs in Health and Social Care LO2 Understand factors that influence the health and needs of individuals.</li> <li>Unit 3: Individual Needs in Health and Social Care LO3 Be able to plan to meet the health and wellbeing needs of an individual.</li> </ul>
<p>B.1 Targeting selected health risks</p> <ul style="list-style-type: none"> <li>Health Promotion materials</li> </ul>	<p><b>NOT COVERED</b></p>

**Unit 6: The Impact of Nutrition on Health and Wellbeing****Edexcel BTEC Level 1/Level 2 First Award in Health and Social Care (NQF)****Edexcel BTEC Level 2 First Extended Certificate in Health and Social Care (QCF)****Unit 6 – Learning aim A: Explore the effects of balanced and unbalanced diets on the health and wellbeing of individuals**

<p><b>NEW CONTENT</b></p> <p>A.1 Dietary intake and food groups</p>	<p>Partially covered in:</p> <ul style="list-style-type: none"> <li>Unit 11: The Impact of Diet on Health LO1 Know dietary needs of individuals at different life stages.</li> </ul>
<p>A.2 Long-term effects of balanced and unbalanced diets</p>	<p>Fully covered in:</p> <ul style="list-style-type: none"> <li>Unit 11: The Impact of Diet on Health LO2 Understand effects of unbalanced diets on the health of individuals.</li> </ul>
<p>A.3 Effects of a balanced diet</p> <p>Effects of unbalanced diets including; low concentration span; importance of varied diet for vegetarians/vegans.</p> <p><b>NEW CONTENT:</b></p> <p>Vitamin E deficiency e.g. lethargy, apathy, muscle weakness</p> <ul style="list-style-type: none"> <li>Vitamin K deficiency e.g. impaired blood clotting</li> <li>Nutrient excess, e.g. tooth decay, (this is under the heading 'over nutrition' in the QCF Unit 3)</li> </ul>	<p><b>NOT COVERED</b></p>

● Covered    ● Partially covered    ● Not covered

**Unit 6 – Learning aim B: Understand the specific needs and preferences of individuals**

B.1 Factors affecting the diet of individuals and their associated dietary needs	Fully covered in: <ul style="list-style-type: none"> <li>Unit 11: The Impact of Diet on Health LO3 Know specific dietary needs of service users.</li> </ul>
B.2 Nutritional variation during life stage development	Fully covered in: <ul style="list-style-type: none"> <li>Unit 11: The Impact of Diet on Health LO1 Know dietary needs of individuals at different life stages.</li> </ul>
B.3 Considerations for nutritional planning	Fully covered in: <ul style="list-style-type: none"> <li>Unit 11: The Impact of Diet on Health LO1 Know dietary needs of individuals at different life stages.</li> <li>Unit 11: The Impact of Diet on Health LO3 Know specific dietary needs of individuals.</li> </ul>

**Unit 7: Equality and Diversity in Health and Social Care****Edexcel BTEC Level 1/Level 2 First Award  
in Health and Social Care (NQF)****Edexcel BTEC Level 2 First Extended Certificate  
in Health and Social Care (QCF)****Unit 7 – Learning aim : Understand the importance of non-discriminatory practice in health and social care**

A.1 Discriminatory and non-discriminatory practice in health and social care	Fully covered in: <ul style="list-style-type: none"> <li>Unit 2: Individual Rights in Health and Social Care LO1 know factors that contribute to a diverse and equal society.</li> <li>Unit 2: Individual Rights in Health and Social Care LO2 Understand principles and values which underpin the support given to individuals.</li> <li>Unit 6: Cultural Diversity in Health and Social Care LO3 Understand factors that influence the equality of opportunity for individuals in society.</li> </ul>
A.2 Impact of discriminatory and non-discriminatory practice in health and social care	Fully covered in: <ul style="list-style-type: none"> <li>Unit 6: Cultural Diversity in Health and Social Care LO3 Understand factors that influence the equality of opportunity for individuals in society.</li> <li>Unit 6: Cultural Diversity in Health and Social Care LO4 Know the role of legislation, codes of practice and charters in promoting diversity.</li> </ul>

● Covered    ● Partially covered    ● Not covered

**Unit 7 – Learning aim B: Explore how health and social care practices can promote equality and diversity**

<p><b>NEW CONTENT</b></p> <p>B.1 Factors that may affect the care needs of individuals</p>	<p>Partially covered in:</p> <ul style="list-style-type: none"> <li>Unit 6: Cultural Diversity in Health and Social Care LO1 Know diversity of individuals in society.</li> </ul>
<p>B.2 How adapting services to meet the diverse needs of service users promotes equality and diversity in health and social care</p> <ul style="list-style-type: none"> <li>Use of appropriate language</li> <li>Use of appropriate forms of address</li> <li>Acknowledging personal preferences</li> <li>Respecting personal choices</li> </ul>	<p><b>NOT COVERED</b></p>

**Unit 8: Individual Rights in Health and Social Care**

**Edexcel BTEC Level 1/Level 2 First Award  
in Health and Social Care (NQF)**

**Edexcel BTEC Level 2 First Extended Certificate  
in Health and Social Care (QCF)**

**Unit 8 – Learning aim A: Investigate the rights of individuals using health and social care services**

<p><b>NEW CONTENT</b></p> <p>A.1 The rights of individuals using health and social care services</p>	<p>Partially covered in:</p> <ul style="list-style-type: none"> <li>Unit 2: Individual Rights in Health and Social Care LO2 Understand principles and values which underpin the support given to individuals.</li> </ul>
<p>A.1 Current and relevant legislation and how it protects the rights of service users</p>	<p><b>NOT COVERED</b></p>
<p>A.2 How care workers can uphold the rights of service users</p>	<p>Fully covered in:</p> <ul style="list-style-type: none"> <li>Unit 2; Individual Rights in Health and Social Care LO2 Understand principles and values which underpin the support given to individuals.</li> </ul>

● Covered    ● Partially covered    ● Not covered

**Unit 8 – Learning aim B: Examine the responsibilities of employers and employees in upholding service users’ rights in health and social care**

B.1 Responsibilities of employers and employees in ensuring safety

Fully covered in:

- Unit 2: Individual Rights in Health and Social Care  
LO2 Understand principles and values which underpin the support given to individuals.

B.2 Responsibilities of employers and employees in ensuring confidentiality

Fully covered in:

- Unit 2: Individual Rights in Health and Social Care  
LO2 Understand principles and values which underpin the support given to individuals.

● Covered    ● Partially covered    ● Not covered

